

From

Date: 23/03/2023

S. Mary Pelsit,
Head, Department of Social Work,
Nanjil Catholic College of Arts and Science,
Kaliyakkavilai.

To

The Principal,
Nanjil Catholic College of Arts and Science,
Kaliyakkavilai.

Sub: Intimation - Regarding conducting one day seminar on Road safety awareness

Respected Sir,

With due respect, the Social Work department and National service scheme of Nanjil Catholic College of Arts and Science, is going to arrange a one day seminar for MSW and NSS students on 29th March 2023 in the topic " Road safety: A National Imperative. We hope that you would be kind enough to permit us to arrange the seminar for our students. We shall be highly obliged if you kindly allow us to make this programme.

Thanking you

A. [Signature]

PRINCIPAL
Nanjil Catholic College of Arts & Science
Kaliyakkavilai - 629 153



S. Mary Pelsit
Yours faithfully,

Head
Department of Social Work
Nanjil Catholic College of Arts & Science
Kaliyakkavilai 629 153, Tamil Nadu.



**NANJIL CATHOLIC COLLEGE OF ARTS AND SCIENCE,
KALIKKYAVILAI**

Department of Social Work and National Service Scheme (NSS)

CIRCULAR

This is to inform that Department of social work and National Service Scheme is organising a seminar on Road Safety on 29th March 2023 at 10:00 am in the college Auditorium.

A. [Signature]
PRINCIPAL
Nanjil Catholic College of Arts & Science
Kaliyakkavilai - 629 153



[Signature]
Head
Department of Social Work
Nanjil Catholic College of Arts & Science
Kaliyakkavilai - 629 153, Tamil Nadu.




Nanjil Catholic College of arts and science, Kaliyakkavilai

Road Safety Awareness programme

Road Safety Pledge

- I will strictly follow the road rules and regulations.
- I will not defy the speed limit.
- I will not drive on drunken condition.
- I will not allow more than two people on a two wheeler.
- I will wear helmet while driving a two-wheeler.
- I will not use mobile phone while travelling on a two wheeler.
- I will use seat belt while driving a four-wheeler
- I will not get into a moving vehicle.
- I will not travel by standing on the steps of the bus.
- I will not drive the vehicle on sleeping mood.
- I will give full attention to the instructions kept along the roads.
- I will give due respect to pedestrians.
- I will not try to overtake in curves.
- I will not drive any vehicle without valid driving license.
- I will drive vehicle on the road only after proper training.
- I will not disturb the drivers while they drive the vehicle.
- I will respect the road safety procedures.





Reg. No. 29BK 4/2014

Department of Social Work
(MSW),
National Service Scheme
(NSS)

A One-Day Seminar
on
**ROAD SAFETY:
A NATIONAL
IMPERATIVE**

Auditorium
**Nanjil Catholic College
of Arts and Science**
Kaliyakkavilai

March 29, 2023 (Wednesday) Time: 10.00 am

382, 1st Cross Street, Simon Nagar, Nagercoil 629001, Kanyakumari Dist, Tamil Nadu.
Email : mewscatfoundation@gmail.com Web: www.mewscat.org
Contact: 04652 358564, 454317, Mob: 8903183521

<i>Managing Trustee</i>	<i>Chief Advisor</i>	<i>Secretary</i>	<i>Members, Executive Committee</i>
A. Stalin Jebasingh M.Th., D.D	E. James R. Doniel Ph.D	R. Mani Kumar M.Com., B.Ed., M.A., M.S.W., D.D	R. Suresh Kumar, A. Lutzer J. Jerin Jose

S. Manjupriya
Head
Department of Social Work
Nanjil Catholic College of Arts & Science
Kaliyakkavilai - 629 153, Tamil Nadu.



A. Stalin Jebasingh
PRINCIPAL
Nanjil Catholic College of Arts & Science
Kaliyakkavilai - 629 153

Road Safety: A National Imperative

07 20 20

Dear Sir/Madam,

Greetings from MEWSCAT and MSW, NSS

We warmly invite you to attend the One-Day Seminar on "Road Safety: A National Imperative", to be held in the Auditorium, Nanjil Catholic College of Arts and Science, Kaliyakkavilai, on Wednesday, March 29, 2023 at 10.00 am. The Seminar is jointly organised by Medical Educational Welfare Social Community Awareness Trust (MEWSCAT), a forum for promoting Road Safety Awareness, and the Department of Social Work, National Service Scheme, Nanjil Catholic College of Arts and Science, Kaliyakkavilai. The Rev. Fr. Dr. M. Eckermens Michael, Correspondent, Nanjil Catholic College of Arts and Science, Kaliyakkavilai has graciously consented to preside.

Thank you

Nagerecoil,
18.05.2023

Yours,
Organising Committee

PROGRAMME

Tamil Thai Valthu	: Ms. Keerthana Christopher II MSW and Team
Welcome Speech	: Mr. M. Jacob (MSW)
Road Safety Awareness: An Introduction	: A. Stalin Jeba Singh President, MEWSCAT
Road Safety Literacy: Government & Supreme Court Directives	: Dr. R. Moni Kumar Secretary, MEWSCAT
Keynote Address	: Mrs. Sasi Regional Transport Officer (RTO), Nagerecoil
Theme Talk	: Dr. E. James R. Daniel Chief Advisor, MEWSCAT, Former Principal, Scott Christian College (Autonomous)
Road Safety & Traffic Rules	: Mr. V. Senthil Kumaran Traffic Inspector, Thuckalay Mr. Thangaraj Traffic SI, Marthandam
Presidential Address	: The Rev. Fr. Dr. M. Eckermens Michael Correspondent, Secretary
Road Safety Special Training	: Mr. George Abraham Life Coach & National Trainer, New Delhi R. Raja Mohan Junior Trainer, CSI ITI Department, Kaliyakkavilai
Felicitation	: Dr. A. Meenakshisundararajan Principal, NACCAS Mrs. Latha Kalaiavanan Sneham Pettor Illam Mr. M. Muthu Saravanan President, Mela Sankarankuzhy Panchayat.
Vote of Thanks	: Mr. M.J. Akash II MSW
National Anthem	: Ms. Keerthana Christopher II MSW and Team
Master of Ceremony	: Ms.V. Angeline Arthi II, MSW Mr. Prabhu Dhas II, MSW



MEWSCAT
MEDICAL EDUCATIONAL
WELFARE SOCIAL COMMUNITY
AWARENESS TRUST
Reg. No. 298K IV/2014



MSW, NSS
NANJIL CATHOLIC COLLEGE
OF ARTS & SCIENCE
Kaliyakkavilai, Kanyakumari District



A ONE DAY SEMINAR ON ROAD SAFETY: A NATIONAL IMPERATIVE

VENUE : NANJIL CATHOLIC COLLEGE OF ARTS & SCIENCE, KALIYAKKAVILAI
DATE : 29.03.2023 TIME: 10.00 AM TO 12.30 PM

ROAD SAFETY TRAINING PROGRAMME

Mrs. SASI
Regional Transport Officer (RTO), Nagerecoil

Dr. E. JAMES R. DANIEL
Chief Advisor, MEWSCAT, Former
Principle, Scott Christian College (Autonomous)

Mr. R. MONI KUMAR
Secretary, MEWSCAT

Mr. A. STALIN JEBE SINGH
President, MEWSCAT

Mr. V. SENTHIL KUMARAN
Regional Traffic Inspector, Thuckalay

Mr. THANGARAJ
Traffic SI, Marthandam

The Rev. Fr. Dr. M. ECKERMENS MICHEAL
Correspondent, Secretary

Mr. GEORGE ABRAHAM
Life Coach & National Trainer, New Delhi

Dr. A. MEENAKSHSUNDARARAJAN
Principal, NACCAS

Mrs. M. MUTHU SARAVANAN
President, Mela Sankarankuzhy Panchayat

Mr. RAJA MOHAN
Junior Trainer, CSI ITI Department, Kaliyakkavilai

Mrs. LATHA KALAIVANAN
Sneham Pettor Illam

S. Manojakrishnan
Department of Social Work
Nanjil Catholic College of Arts & Science
Kaliyakkavilai - 629 153, Tamil Nadu.



A. 2023/03/29
PRINCIPAL
Nanjil Catholic College of Arts & Science
Kaliyakkavilai-629 153

Road Safety Awareness programme

A programme on Road Safety Awareness was organized as part of the Road Safety week at the Nanjil Catholic College of Arts and Science Kaliyakkavilai, in association with the MEWSCAT, Department of social work and NSS Unit of Nanjil Catholic College on March 29, 2023 at College Auditorium

The session was given by Mrs Sasi, (RTO) Nagercoil Those present for the occasion included Mr R. Monikumar, Secretary MEWSCAT, Mr Stalin Jeba Singh, President MEWSCAT, Dr. A. Meenakshi Sundararajan, Principal, Nanjil Catholic College, NSS Program Officer, and Faculty from other Departments, NSS Volunteers, students and staff of Nanjil Catholic College.

At the outset, Mrs Sasi welcomed the gathering, followed by Dr. James Daniel providing an insight and purpose of the session. In his session "Awareness on the road is very important for your safety and safety of others". He discussed the statistics of various types of road accidents in Tamilnadu and explained the reasons that lead to these accidents. He further gave examples of various types of traffic violations and the penalties associated with them. He urged the audience to come to the help of road accident victims and stated that those who come forward are protected through the Good Samaritan Law. The session was very interactive with the participated in the programme.



S. Manj Jesit
Head
Department of Social Work
Nanjil Catholic College of Arts & Science
Kaliyakkavilai - 629 153, Tamil Nadu.



A. Meenakshi Sundararajan
PRINCIPAL
Nanjil Catholic College of Arts & Science
Kaliyakkavilai - 629 153



Feedback:



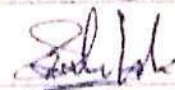


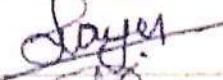




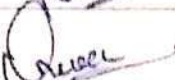






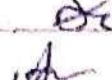
- The programme was an interactive session.
- The students actively participated in that programme.
- The organizers appreciated the students about their MC doing and mainlining the programme schedule.
- The organizers did not arrive the programme spot in the same time. So, the students rearranged the schedule.
- The student organizers also took leave without informing. It was well adjusted by other students. It was highly appreciable.
- The participants recognized the importance of road safety rules and promised to follow it.

S. Mary Pelsit
Head
Department of Social Work
Nanjil Catholic College of Arts & Science
Kaliyakkavilai - 629 153, Tamil Nadu.

A. [Signature]
PRINCIPAL
Nanjil Catholic College of Arts & Science
Kaliyakkavilai- 629 153



Nanjil Catholic College of Arts and Science Kaliyakkavilai
Department of Social Work and National Service Scheme
in collaboration with
Medical Educational Welfare Social Community Awareness Trust
A One day seminar on Road Safety: A National Imperative

S. NO	Name of the participants	Department	Signature
1	Ajithu. J	MSW	
2	Malini. J.S	"	
3.	Sreelekshmi S.S	"	
4.	Blessing Sikeri. C.S	IMSW	
5.	Delphin. B.P	"	
6	Surger. J.S	II MSW	
7.	Janisha. VJ	"	
8.	Arthithya. S.V	"	
9.	Abisha	"	
10.	R. Rasmiya	II MSW	
11.	R.C. Queen Shilpa	"	
12.	Nithya. N. Saji	"	
13.	Leena Jose	I MSW	
14.	Dejin	"	
15.	R. Ajai	II MSW	
16.	John Joseph	I MSW	
17	Seethylekshmi. S.V	II MSW	
18.	Anishma. M.J	I st MSW	

19.	Sheethana christopher	II MSW	Sheetha
20	Angelini K. Th. V	II MSW	Angelini
21	Anji. A.S.	I MSCW	Anji
22	Anita D.A.	I MSW	Anita
23.	Maya. A.	II MSW	Maya
24.	D. Joflin	I MSW	D. Joflin
25	Akash. M.J	I MSW	Akash
26	Jacob. M	I M.S.W	Jacob
27	Joseph.	I MSW	Joseph
28	Richu. D.A	II MSW	Richu
29.	Abin Raj.	II MSW	Abin
30	Amal J.S.	I MSW	Amal
31.	Faustin. C	II MSW	Faustin
32	Sreha. X	I. B. SC Chem	Sreha
33	Aswathy - S. B	" "	Aswathy
34	Harishma - C.K	"	Harishma
35	Aparna - S.V	"	Aparna
36	Archana M.J	"	Archana
37	Biveesh. V	"	Biveesh. V
38.	Ajith. D	"	Ajith
39	Sajith	"	Sajith
40	Abishet. SS	"	Abishet
41	Malavika. A.L	-	Malavika



A. [Signature]
PRINCIPAL
 Marjil Catholic College of Arts & Science
 Kalyakkavilal - 629 153

S.No.	Name	Department	Signature
42	Beesubha . D.S.	5. W Mphil	
43	Deeya Prabhu.S	2nd B.Sc CS	
44	Prasanth.T.P	2nd B.Sc.CS	
45	Shir Shikha.S.S	I st B.com	
46	Rahan Figo. T.	I st B.com.	
47	Binish .K	I st B.com	
48	P. Pravin	I. B.com	
49	ASWIN.T	2. B.com	
50	Dhanesh . L.V.	I B.com	
51	A.S. Anwin	2 B.com	
52	J.A Abinash	I. B.com	
53	Ajith.S	I. B.com	
54	Sejith	I. B.com	
55	Niyas Khan.B	2. B.com A,	
56	Akhal . d.p	I. B.com A2	
57	G. Ajay	2. B.Sc comp	
58	R.K. Joban	I B.com A2	
59	Jaison.P	I. B.com A2	
60	Abhijith .T	2. B.Sc. Physics	
61	Akhil.S.R	I. B.Sc. Physics	
62	AJin D.M	I. B.Sc. Physics	
63	Jerlin.J.k	2 BSC Maths	



A. **PRINCIPAL**
 St. Ann's Catholic College of Arts & Science
 Kaliyakkavilai - 629 153

64	Christubin Jay .G.S	I BSc Maths	Christubin Jay
65	Shiristo K.S	II BSc C.S	Shiristo
66	V. Varsha Puroha	II BSc CS	Varsha
67	Soorya prabhu S	I. BSC. CS	Soorya prabhu S
68	Prasanth. J. P	I. BSc. CS	Prasanth
69	Rahul.R	I BBA	Rahul.R
70	Sujith.v	I. B.B.A	Sujith.v
71	Abijith	I BA English	Abijith
72	Bajith	I BA English	Bajith
73	Steewack	I BA English	Steewack
74	Bejay	I BA English	Bejay
75	Donish	I BA English	Donish
76	Abishek	I BA English	Abishek
77	Ashik. A. S	II. BSC. Comp sci	Ashik. A.S
78	Benisto.G	II B.com A	Benisto
79	Ajmal Shewin.P.S	"	Shewin
80	R. Akashraj	I BSC COM-Scien	Akashraj
81	Pohanan.K.V	I. Bsc. C.S	Pohanan
82	JiJo F.M	I Bc. CS	JiJo
83	Jebish.J.m	I. BSC- CS	Jebish
84	S.ABIN	I. BSc. CS	Abin
85	Ajin.V	I. BSc. CS	Ajin.V.
86	Ajeesh.v	I. Bsc. CS	Ajeesh



A. 
PRINCIPAL
 Nanjil Catholic College of Arts & Science
 Kaliyakkavilai- 629 153

87	Ajesh A	I. BSC. CS	<u>Ajesh</u>
88	Ebi Jeeral. V.L	I. Bsc. CS	<u>Chijer</u>
89	Dixon Lazarus J	I. B. Sc. CS	<u>J Dixon</u>
90	Rejin P	I. B. SC. CS	<u>Rejin</u>
91	Krishna Devi	I. B. SC. CS	<u>Krishna Devi</u>
92	Deepu. K	I. BSCS.	<u>Deepu</u>
93	D. Rohit	I. BSC. CS	<u>Rohit</u>
94	Afin. J	I BSC. CS	<u>Afin</u>
95	Abees. R	I BSC. CS	<u>Abees</u>
96	Abhisith. J	I BSC. CS	<u>Abhisith</u>
97	Akash	I BSC. CS	<u>Akash</u>
98	Borath. S. S	I BSC. CS	<u>Borath</u>
99	Ajesh Dhes	I. BSC. CS	<u>Ajesh Dhes</u> page
100	Jobin. L	I. BSC. CS	<u>Jobin</u>
101	A. Aslin.	I. BSC. CS	<u>Aslin</u>
102	Babin	I BSC CS	<u>Babin</u>
103	Anto	"	<u>Anto</u>
104	Nobin. B. S.	I BBA	<u>Nobin</u>
105	Mahadevan. M	"	<u>Mahadevan</u>
106	Bivin. K.	"	<u>K. Bivin</u>
107	Vijin	"	<u>Vijin</u>
108	Abin christo	"	<u>Abin christo</u>
109	Rohith. R	"	<u>Rohith</u>




PRINCIPAL
 Nanjil Catholic College of Arts & Science
 Kaliyakkavilai- 629 153

Sl. No	Name	Dept	Sign.
110	Akshay John W.S	I MA Eng	<i>Akshay John W.S</i>
111	Sree Ram Kumar. CS	D. MA Eng	<i>Sree Ram Kumar</i>
112	S. Abin.	D. m.com	<i>S. Abin.</i>
113	Delbin D	D. msc CS	<i>Delbin D</i>
114	Paulin Sukin	"	<i>Paulin Sukin</i>
115	Abith. M.S	I Msc physics	<i>Abith</i>
116	Vijin mathew. CA	D. M.com	<i>Vijin Mathew. CA</i>
117	Manikandan. S	D. M.com	<i>Manikandan. S</i>
118	R. Vinith	D. M.com	<i>R. Vinith</i>
119	Aswin Kumar. K.S	D Bcom	<i>Aswin Kumar</i>
120	Akhilesh Raj. V.S	I B.com	<i>Akhilesh</i>
121	Abishet. R.P.	I B.com.	<i>Abishet</i>
122	Subin. S. shan	I. B.com	<i>Subin</i>
123	Sebin. C	I. B.com	<i>Sebin</i>
124	Vijin. V.S	I. B.com	<i>Vijin</i>
125	Shine Raj D. S	I. B. Com	<i>Shine Raj</i>
126	R. Anana Sajin	I. B. com	<i>R. Anana</i>
127	D. Dhanya Achary	I. B.com	<i>D. Dhanya</i>
128	Niyas. S.	I. B.com	<i>Niyas</i>
129	Rebin. R.S.	I. B.com	<i>Rebin</i>
130	Dhanush	I. B.com.	<i>Dhanush</i>
131	Aslesh	I B. Com	<i>Aslesh</i>



A. Srinivasan
PRINCIPAL
 Mar Thoma Catholic College of Arts & Science
 Kaliyakkavilai-629 153

132	J.M. Shancu	I. BSc Chemistry	Shan
133	Dhirsha. D.K.	D. BSc. Chemistry	Dhirsha
134	Sanjana RS	I. BSc chemistry	Sanjana RS.
135	D.M. Deralisha	I. BSc chemistry	Deralisha
136	S.R. Shorlin Mol	I. BSc chemistry	Shorlin
137	F.R. Athisha	D. BSc Maths	Athisha
138	Demi sweetin. k	D. BSc Maths	Demi
139	Joshika. J.S	I. BSc Maths	Joshika
140	Nandana. H.M	I. BSc Maths	Nandana
141	Steny. A	I BSc Maths	Steny. A
142	Sige. P. &	I BSc Maths	Sige
143	Abigha. D.B.	D. BSc Maths	Abigha
144	Saranya. C	D. BSc CS.	Saranya
145	Arshi. C.J	"	Arshi
146	Nandini	"	Nandini
147	Arsha	"	Arsha
148	Abisha	"	Abisha
149	Anushiya	"	Anushiya
150	Aksha	"	Aksha
151	Shelphin Reniba	"	Shelphin
152	Sree lakshmi A	I.M.com	Sree lakshmi
153	Krishnendu .k	"	Krishnendu
154	Vinitha	"	Vinitha
155	Vinny. V	"	Vinny

156 156	R.P. Preetha	II Msc chemistry	<u>Preetha</u>
157	T. Vini Priya	II msc chemistry	<u>Vini Priya</u>
158	Jenisha . N	II. Msc. chemistry	<u>Jenisha</u>
159	Divya . R.O	II. Msc. chemistry	<u>Divya R.O</u>
160	Jenisha . S.J	II. M. sc. chemistry	<u>Jenisha</u>
161	Ashini . S.R	II. M. sc. chemistry	<u>Ashini</u>
162	Reshma Lekshmi . N.S	II Msc chemistry	<u>Reshma</u>
163	Akshaya . V.S	II Msc chemistry	<u>Akshaya</u>
164	Reshma . R.S	II Msc chemistry	<u>Reshma</u>
165	Akhila chandran . L	II Msc chemistry	<u>Akhila</u>
166	Sondhya	II Msc chemistry	<u>Sondhya</u>
167	Kavya Dinesh	II. M. sc chemistry	<u>Kavya Dinesh</u>
168	Aanya . V.K	II. M. sc chemistry	<u>Aanya</u>
169	Bethulekshmi . J.S	II. M. sc chemistry	<u>Bethulekshmi</u>
170	Reshma R.G	II. M. sc chemistry	<u>Reshma R.G</u>
171	Chinchu . G.V	II. M. sc chemistry	<u>Chinchu</u>
172	Jincy . N. Paul	"	<u>Jincy</u>
173	Bency Joy . S	I M. com	<u>Bency Joy</u>
174	Akhila C.L	"	<u>Akhila</u>
175	Remya . M	"	<u>Remya</u>
176	Sneha . A.S	"	<u>Sneha</u>
177	Asha . W. A	"	<u>Asha</u>
178	Surthy . S.J	"	<u>Surthy</u>

	Name.	class.	Signature
183	AASHINI T.P.	I msc physics	Aashini
184	ASHVINI.S	I Msc physics	Ashvini
185	GIRESHMA G.M. PRAKASH	I.M.Sc. Physics	Gireshma
186	Ashilin Star.S.I.	I M.Sc Physics	S.I. Ashilinstar
187	Abitha.J.S.	I.M.Sc. physics	Abitha.J.S
188	Bobisha.B.P	I.M.Sc. Physics	Bobisha
189	Wesley.R	I MSc Physics	Wesley
190	Lekha.R.S	I Msc. Physics	Lekha.R.S
191	Reshma.S.M	I MSc. Physics.	Reshma.S.M
192	Surija S	I M.Sc Physics	Surija S
193	Awori Thankachy.S	I.M.Sc. Physics	Aworis
194	Aswini R.S	IMA English	Aswini
195	Shimi J	IMA English	Shimi
196	Femi S.R	"	Femi
197	Gayathri Mohan M.K	"	Gayathri
198	Ansila Reji. R.E	"	Ansila
199	Jipisha D V	"	Jipisha D.V
200	Ashlin J	"	Ashlin
201	Angel Reshmi M.J	"	Angel Reshmi
202	Neethu Mol S	"	Neethu
203	Sindhu.S	"	Sindhu
204	Abinaya.J.J	"	Abinaya
205	Remica Xavier. X.M	"	Remica

	Name	Class	Signature
206	Jesika. Jaya Kumar. J	I. mem	
207	Abilalini DS	"	
208	Jincy PL	"	
209	Resma AR	"	<u>Resma</u>
210	W. Techo Sheeba	M. SC I. Maths	
211	Abisha. W. A.	I. M. Sc. Maths	
212	Ancy. P. L.	"	
213	Linisha L. C.	I M. SC maths	
214	Ancy. A.	I Msc. Maths	
215	Jenibha. J. M.	I MSc Maths	
216	Abina. J. S.	I. M. SC. Maths	

217	Shanya. A	I BBA	Shanya
218	Haritha. H	I BBA	Haritha
219	Arashma. P. U	I BBA	Arashma
220	Maysoon. S	I BBA	Maysoon
221	Mehrin Ali. S	I BBA	Mehrin Ali
222	Sincy. T. H	I BBA	Sincy
223	Vaishnavi. G. S	I BBA	Vaishnavi
224	Nandhana Babu	I BBA	Nandhana
225	Christin Shalu	I BBA	Shalu
226	Rufina. S	I BBA	Rufina
227	Ubisha Fugin	I BBA	Ubisha
228	Shifana	I BBA	Shifana
229	Sarika Titus	I BBA	Sarika
230	Sini Mol	I BBA	Sini
231	Samelhya	I BBA	Samelhya
232	Akshaya. A	I BBA	Akshaya
233	Archana. J.	D. BSc Zoology	Archana
234	Anjana. S	D. BSc Zoology	Anjana
235	Rashma. R. K	D. BSc Zoology	Rashma
236	Aalir kesiya A. R	D. BSc zoology	Aalir
237	Asathi A. S	D. BSc zoology	Asathi
238	Prabisha	D. BSc Zoology	Prabisha
239	Asli. R. V	D. BSc zoology	Asli

246	A.R. Anirudh	T.B.A. Eng	Anirudh
247	Geetha R.S	I B.Com A ₂	Geetha
248	Susmitha. O	P.B. Com A ₂	Sus.
249	Ashika. J.	P.B. Com. A ₂	Ash.
250	Pibisha P	I B. Com. A ₂	P.
251	Pushpa Nishani - K	P.B. Com A ₂	Nishi.
252	Jeevlin. J.M	P.B. Com A ₂	Jeevlin
253	D. Aney Bebi	P. B. Com A ₂	D. Aney
254	S. Sherbika	I. B. Com A ₂	S.
255	San Maria A.L	I BSC CS	San Maria
256	Jasmine Joy	I BSC CS	Jas.
257	Jeetly. D.S	I MA Eng	Jeetly
258	Barni Mol. C.S	"	Barni
259	Ashmi VS	"	Ashmi
260	Tryphosha. C.M	"	Tryphosha
261	Abisha Sherin A.J.	"	Abisha
262	Gayathri. C.S	"	Gayathri
263	Alister. L	I MA Tamil	Alister
264	Ancylin Angel. A	"	Ancylin
265	Scijatha. M	"	Scijatha
266	Gayathri. S.S.	I MSc Maths	Gayathri
267	Aishwarya Virgin. S.	I MSc Maths	Aishwarya
268	Athira. S.K.	I MSc Maths	Athira

Sl.No	Name	Dept.	Sign
269.	Akash P.M.	I. B.com A1	<u>Akash</u>
270	Ajay Geo. J	I. B.com A1	Ajay
271 27	Ajin P.N	I. B.com A1	Ajin
272 4.	Aseem	I. B.com A1	Aseem
273 5.	Kejri D.m	I. B.com A1	Kejri
274 6.	Jenish. D	I. B.com A1	Jenish
275 7.	Sanjai . S	I. B.com A1	Sanjai
276 8.	Benish. J	I. B.com A1	<u>Benish</u>
277 10.	Martin Libin P.S.	I B.com A1	<u>Martin</u>
278	Mithun. M.s	I Bsc physical Education	<u>Mithun</u>
279	Gr. Abin	I BSC Phy edu	<u>Gr. Abin</u>
280	'Abinest. b	"	Abinest
281	Abra th.H	I Bsc Phy Edu	Abra
282	Andrew Felice. G1	"	Andrew
283	Akhil S	I Bsc phy Edu	Akhil
284	Deepan	I Bsc Phy Edu	Deepan
285	Jino JAYAN	I Bsc Phy Edu	Jino
286	Pramothe . P.P	I B.sc Phy. Edu	Pramothe
287	Ranjith . M	"	Ranjith
288	Akash - N	I Bsc . physical	<u>Akash</u>

	S. NO	Name	Department	Sign
289	1	D. Ashlin Shiji	I BA English	Ashlin Shiji
290	2	Hindhu priya M	I. BA English	M. Priya
291	3	Ranjini M.V	I. BA English	Ranjini
292	4	Shadkukka S	I. BA. English	Shadkukka
293	5	Anjana G	I. BA. English	Anjana
294	6	Arya S	I B A English	Arya S
295	7	J. Jini	I BA English	J. Jini
296	8	Abisha R.S	I BA English	Abisha R.S
297	9	Vyshnavi V	I. BA English	Vyshnavi
298	10	Ramya R.M	I. BA. English	Ramya R.M
299	11	Abhaya C. Raj	I. BA English	Abhaya
300	12	Sanjana S	I. BA English	Sanjana
301	13	Jini S	I B A English	Jini
302	14	Sneha D	I BA English	Sneha
303	15	Berosey M	I BA English	Berosey
304	16	Jenisha J	I BA English	Jenisha
305	17	R. Reshma	I BA English	Reshma
306	18	Jegiodas A	II Bsc Physics	Jegiodas A
307	19	Prabisha R	II Bsc Physics	Prabisha R
308	20	Abi S.M	II Bsc Physics	Abi S.M
309	21	Jeeba	II Bsc Physics	Jeeba
310	22	A. Anishka	I Msc. CS	A. Anishka

	Name	Department	Signature
311	1 Vaishnavi S.S	English	<u>Vaish</u>
312	2 Revathy S.K	English	<u>Revathy</u>
313	3 Amna fathema S	English	<u>Amna</u>
314	4 Yameema VL	English	<u>Yameema</u>
315	5 Swathika A.M	English	<u>Swathika</u>
316	6 Jorvina Rasthmi S	English	<u>Jorvina</u>
317	7 Jenisha T	English	<u>Jenisha T</u>
318	8 Varsha R.S	English	<u>Varsha</u>
319	9 Angel Graceemi R.U	English	<u>Angel</u>
320	10 Ashika S.F	English	<u>Ashika</u>
321	11 Abisha R.S.	English	<u>Abisha</u>
322	12 Aroinshah MB	C.S	<u>Aroinshah</u>
323	13 Meera Jasmin M	Physical Education	<u>Meera</u>
324	14 Joney T.R.	C.S.	<u>Joney</u>
325	15 Anshika S.P	C.S	<u>Anshika</u>
326	16 Devika S.D	Chemistry	<u>Devika S.D</u>
327	17 Navya S.M	Chemistry	<u>Navya</u>
328	18 Aarfa S	Chemistry	<u>Aarfa</u>
329	19 Lathika G.L	Physics	<u>Lathika</u>
330	20 Abinaya G.R	Physics	<u>Abinaya</u>
331	21 Jersha M	Physics	<u>Jersha</u>
332	22 Reshma Lal R	Physics	<u>Reshma Lal</u>
333	23 Ajeesha R	Physics	<u>Ajeesha</u>

34 289
 35 290
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 39 294
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120	Seji Man	I BBA	Seji Man
117	Akhil Robin L.V	I BBA	Akhil
112	M. Ronie Marshel.	I BBA	Ronie
113	V.K. Abishela	I BBA	Abishela
114	Jebanir J	D. Physed	Jebanir
115	Sinogose	I. Phy. Edu.	Sinogose
116	Vidhya	BA English	Vidhya
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118			
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341	S. GOPIKA S.R	I. Bcom A1	<i>gopika</i>
342	Jency Reena . J	I. BCOMA1	Reena
343	R.S. Saranya	1st B.com ,A1	<i>Sr.</i>
344	Ashika S.M	1st B.Lom. A1	<i>Ashika</i>
345	Abinaya . S	1st B.com. A1	<i>Abi.</i>
346	R. Abarna	I BCOMA,	<u>R. Abarna</u>
347	Anuila C.N Joy	" A2	<i>Anuila</i>
348	Jane Alitha. T	" A2	Jane
349	R. S. Emelino Jona	Ist Bcom A1	<i>Ry</i>
350	P. Babisha	I BCOM A1	<i>P. Babisha</i>
351	Ameeena. A.S.	I. Bcom A1	<i>Ameena AS</i>
352	Aani V.S	I. Bcom A1	<i>Aani</i>
353	Ashi C.L	I. BCOM A1	<i>Ashi</i>
354	Vandhana. P	"	Vandhana
355	Sweety. S.S	I Bcom A1	<i>Sweety</i>
356	Shermin Justa . J.M.	I Bcom. A1	<i>Shermin</i>

G. Mary Jeyanth

Head
Department of Social Work
Magill Catholic College of Arts & Science
Kaliyakkavilai - 629 153, Tamil Nadu.

A. Senthil Kumar
PRINCIPAL

Magill Catholic College of Arts & Science
Kaliyakkavilai- 629 153



From

Mr. K.R. Krishna Prasad

NSS Program Officer

Nanjil Catholic College of Arts and Science

Kaliyakavilai.

To

The Secretary

Nanjil Catholic College of Arts and Science

Kaliyakavilai.

Through,

The Principal

Nanjil Catholic College of Arts and Science

Kaliyakavilai.

Respected Sir,

Sub: Permission to skill development program

I wish to inform you that, I have plan to skill development program in our college on 9th Feb 2023 for the N.S.S Volunteers. So I request you to grant me permission to conduct the programme.

Thanking you

Place 06-02-2023

Date : Kaliyakkavilai



A. Krishna Prasad
PRINCIPAL
Nanjil Catholic College of Arts & Science
Kaliyakkavilai - 629 153

Yours sincerely
[Signature]
NSS Program Officer

Programme Officer
NSS UNIT No : 147
NANJIL CATHOLIC COLLEGE OF ARTS AND SCIENCE
Kaliyakkavilai-629153, K.K.Dt



NANJIL CATHOLIC COLLEGE OF ARTS & SCIENCE

Kaliyakkavilal, K.K, Dist - 629153,

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Accredited by NAAC with 'A' Grade ., Approved by UCC Section under 2(F) & 12(B)

Department of Social Work and Research Centre

In association with

NSS

&

Junior Champions International

Kaliyakkavilal

Organizes

skill development programme

speakers



JFM. Adv. A. Antush Jerome
Zone Vice President



Er. Don Wesley
Engineer



Er. Fehin .K. Ramesh
JCI President

09th february, 2023

Starts at 9:00 a.m

Venue:seminar hall

Rev. Fr. Dr. M. Eckerimms Michael, Dr. A. Meenakshisundararajan,
Secretary Principal

Mrs. S. Mary Pulsit,
Head Dept of Social Work



NANJIL CATHOLIC COLLEGE OF ARTS AND SCIENCE

KALIYAKKAVILAI

NSS UNIT NO.: 147

SKILL DEVELOPMENT PROGRAM

9th Feb 2023

Time : 09.00am

Venue: College Auditorium

Programme Schedule

- Tamil Thaaai Vazhthu : NSS Volunteers
- Welcome Address : RS. Abisha (I BA. English)
- Presidential Address : Rev.Fr.Dr. M. Eckermens Micheal
Secretary, NACCAS.
- Facilitation : Dr. R. Meenakshisundrarajan
Principal, NACCAS.
- Key note Address : Er. Don Wesley
- Vote of Thanks : Dr.N. SeemaMole
Asst. Prof. of Tamil, NACCAS.
- National Anthem : NSS Volunteers
- Master of Ceremony : S. Lijin & D. Dhana Selvam (I B.Com)

SKILL DEVELOPMENT PROGRAM

Report

The NSS students of Nanjil catholic college gathered in the seminar hall. for the skill development program. The skill development programme commenced at 9;30. Adv. Antush Jerome made session on drug awareness and mobile addiction. It ended at 10; 25. JCI president taught the students about the interview skill that needs to be followed in an interview. Thereafter Don Wesley did a session on how to overcome stage fear. The feed back was collected. Mr Savour he took a session on how to plan the syllabus. The whole event was facilitated Adv. Antush Jerome.



The morning session was conducted for both NSS and MSW trainees and it was found much useful and effective for both groups. All the students were given enough chance to speak on the stage with the aim of eradicating students stage fright. All most the complete participants were actively partaking in the programme with lot of enthusiasms and passion. The session restarted at 1:45 in the afternoon, soon after the beginning students were divided into four groups for group activity. NSS Volunteers dynamically joined in the group activity which was held. It was detained in different levels and format. Those events have tremendously helped the volunteers so much. The skill development programme was in it culmination at 3:45 with the presents of college principle Dr .A. Meenakshisundararajan, the principal of Najjil catholic collage made an interactive talk with the volunteers to know the feedback regarding the session. The program was ended at 4pm in the evening.



A. Meenakshisundararajan
PRINCIPAL
Nanjil Catholic College of Arts & Science
Kaliyakkavilai - 629 153

[Signature]
Programme Officer,
NSS UNIT No : 147
NANJIL CATHOLIC COLLEGE OF ARTS AND SCIENCE
Kaliyakkavilai-629153, K.K.Dt.

NANJIL CATHOLIC COLLEGE OF ARTS AND SCIENCE
KALIYAKKAVILAI
Unit No.147 2020-2022

Sr.No	Enrollment number	Name of the volunteer	Course	Signature
1	2007301	Adarsh. L.I	I BA English(A1)	Adarsh
2	2007302	Agvin. K.P	I BA English(A1)	Agvin
3	2007303	Akhil. M.S	I BA English(A1)	Akhil
4	2007304	Abila.V	I BA English(A1)	Abila
5	2007305	Ashita.C	I BA English(A1)	Ashita
6	2007306	M.Aspin Simi	I BA English(A1)	M.Aspin
7	2007307	Just Priya.J	I BA English(A1)	Priya
8	2007308	R.Reshma	I BA English(A1)	R.Reshma
9	2007309	Viji.M.V	I BA English(A1)	M.V
10	2007310	Adlin Ashok.A	I BA English(A2)	Ashok
11	2007311	Arya.S.S	I BA English(A2)	Arya
12	2007312	R.Ancilin Terry	I BA English(A2)	R.Ancilin
13	2007313	Anjana Mahesh. M.G	I BA English(A2)	Anjana
14	2007314	Sushma.A.S	I BA English(A2)	A.S
15	2007315	A.S.Shruthi	I BA English(A2)	Shruthi
16	2007316	J.Ajisha	I B com (A2)	Ajisha
17	2007317	S.Mersha Judith	I B com (A2)	Mersha
18	2007318	M.Herlin nishpa	I B com (A2)	Nishpa
19	2007319	M.Pomigha	I B com (A2)	Pomigha
20	2007320	Athira Stanley	I B com (A2)	Athira
21	2007321	Arshad Khan	I B com (A1)	Arshad
22	2007322	Muhammad Nasib.N	I B com (A1)	Nasib
23	2007323	Ashik.S	I B com (A1)	Ashik
24	2007324	Riya.S.Reji	I B com (A1)	Reji
25	2007325	Neha Sebastian	I B com (A1)	Sebastian
26	2007326	Sai Sabarish.A.S	I BBA	Sai
27	2007327	W.Ronald	I BBA	Ronald
28	2007328	Geo.R.Riza	I BBA	Riza
29	2007329	Ashwan Ashok.A	I BBA	Ashwan
30	2007330	Muhammed Adnan.S.A	I BBA	Adnan
31	2007331	N.J. Jasheka	IBsc.Maths	Jasheka
32	2007332	Shinciya.S	I Bsc.Maths	Shinciya
33	2007333	Abisha.S.V	I Bsc.Maths	Abisha
34	2007334	J.P.Adlin Jenisha	I Bsc.Maths	J.P.Adlin
35	2007335	D.Logeswaran	I Bsc.Maths	Logeswaran
36	2007336	Sunij.S	I Bsc.Computer Science	Sunij
37	2007337	A.Akshan King	I Bsc.Computer Science	Akshan
38	2007338	Donaldo.C.S	I Bsc.Computer Science	Donaldo

39	2007339	Abhilash.R.S	I Bsc.Computer Science	Abhilash
40	2007340	G.S. Adwin Shijo	I Bsc.Computer Science	G.S.A.
41	2007341	Nisha.K.J	I Bsc.Zoology	Nisha
42	2007342	Thanya Allen.P.S	I Bsc.Zoology	Thanya
43	2007343	Vaishna.C.S	I Bsc.Chemistry	Vaishna
44	2007344	Ajusha.S.U	I Bsc.Chemistry	Ajusha
45	2007345	Anusha.S.U	I Bsc.Chemistry	Anusha
46	2007346	Vijin.V	I Bsc.Physical Education	Vijin
47	2007347	Ram Gokul.T.S	I Bsc.Physical Education	Ram
48	2007348	Anjoy Kumar.A.G	I Bsc.Physical Education	Anjoy
49	2007349	Sidharth.G	I Bsc. Physics	Sidharth
50	2007350	V.Mano Ranjith	I Bsc. Physics	Mano
51	2207301	M. Renjith	B.Sc Physical	Ranjith
52	2207302	M. Meera jasmine	B.Sc Physical	Meera
53	2207303	M.S Deepan kumar	B.Sc physical	Deepan
54	2207304	J. Jebarin	B.Sc physical	Jebarin
55	2207305	P.P Pramoth	B.Sc physical	Pramoth
56	2207306	Sarath. H	B.Sc physical	Sarath
57	2207307	Mithun. MS	B.Sc physical	Mithun
58	2207308	R.S Abishek	BS.c physical	Abishek
59	2207309	N. Akash	BS.c physical	Akash
60	2207310	Jino jayan	BS.c physical	Jino
61	2207311	S. Arafa	BS.c chemistry	Arafa
62	2207312	SM. Navya	BS.c chemistry	Navya
63	2207313	S. Anjana	BS.c zoology	Anjana
64	2207314	A. Aslin	BS.c Computer	Aslin
65	2207315	HM. Nandini	BS.c Computer	Nandini
66	2207316	C. Saranya	BS.c Computer	Saranya
67	2207317	J. Shelphin Riniba	BS.c Computer	Shelphin
68	2207318	R. Sruthy Mol	BS.c Computer	Sruthy
69	2207319	S. Aksha	BS.c Computer	Aksha
70	2207320	CJ. Aarthi	BS.c Computer	Aarthi
71	2207321	RS. Abisha	BA English	Abisha
72	2207322	S. Arya	BA English	Arya
73	2207323	Ashika	BA English	Ashika
74	2207324	R.S Varsha	BA English	Varsha
75	2207325	D. Sneha	BA English	Sneha
76	2207326	C.P Jenifer	BA English	Jenifer
77	2207327	J. Jenisha	BA English	Jenisha
78	2207328	Berssy M	BA English	Berssy
79	2207329	Shanuplomin	BA English	Shanu
80	2207330	H.M Nandhana	B.Sc Maths	Nandhana
81	2207331	JS. Joshika	B.Sc Maths	Joshika
82	2207332	GL. Lathika	B.Sc Physics	Lathika

83	2207333	AS. Arsha farveen	B.Sc Physics	Arsha.
84	2207334	RS. Dhanush	B.com	Dhanush
85	2207335	Ajai dev	B.com	Ajay
86	2207336	JV. Aslesh	B.com	Aslesh
87	2207337	K. Ebinesh	B.com	Ebin
88	2207338	D. Dhana Selvam	B.com	Dhana
89	2207339	VS. Vijin	B.com	Vijin
90	2207340	P. Pragin	B.com	Pragin
91	2207341	S. Lijin	B.com	Lijin
92	2207342	R P Abishek	B.com	Abishek
93	2207343	V. Sujith	BBA	Sujith
94	2207344	R. Babin	BBA	Babin
95	2207345	JS. Aswin	BBA	Aswin
96	2207346	R. Rahul	BBA	Rahul
97	2207347	K. Abinesh	BBA	Abinesh
98	2207348	Abinesh. JA	B.com(A2)	Abinesh
99	2207349	Amna Fathima.S	BA English	Amna
100	2207350	Jenifa V.A	BA English	Jenibha



Programme Officer
NSS UNIT No : 147
 NANJIL CATHOLIC COLLEGE OF ARTS AND SCIENCE
 Kaliyakkavilai-629153, K.K.Di



A. [Signature]
PRINCIPAL
 Nanjil Catholic College of Arts & Science
 Kaliyakkavilai - 629153

Date:31/01/2023

From

S.Mary Pelsit,

Head, Department of Social Work,

Nanjil Catholic College of Arts and Science,

Kaliyakkavilai.

To

The Principal,

Nanjil Catholic College of Arts and Science,

Kaliyakkavialai.

Sub: Intimation - Regarding skill development programme for M.S.W & NSS students-reg

Respected Sir,


With due respect, the Social Work department of Nanjil Catholic College of Arts and Science, is going to arrange an skill development programme for MSW students and NSS students from 09-02-2023. This programme will be helpful for the students to develop their skills We, hope that you would be kind enough to permit us to arrange skill development programme for our MSW and NSS students. We shall be highly obliged if you kindly allow us to make this programme.

Thanking you

Yours faithfully,


PRINCIPAL
Nanjil Catholic College of Arts & Science
Kaliyakkavilai-625 812




Head
Department of Social Work
Nanjil Catholic College of Arts & Science
Kaliyakkavilai-625 812



NANJIL CATHOLIC COLLEGE OF ARTS & SCIENCE

Kaliyakkavilai, K.K. Dist -629153.

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Department of Social Work and Research Centre

In association with

NSS

&

Junior Champions International

Kaliyakkavilai

Organizes

skill development programme

speakers



JFM.Ado.A.Antush Jerome
Zone Vice President



Er.Don Wesley
Engineer



Er. Febin .K.Ramesh
JCI President

09th february, 2023

Starts at 9:00 a.m

Venue:seminar hall

Rev. Fr. Dr. M. Eckermens Michael, Dr. A. Meenakshisundararajan,
Secretary Principal

Mrs. S.Mary Pelsit,
Head Dept of Social Work

S. Mary Pelsit
Head
Department of Social Work
Nanjil Catholic College of Arts & Science
Kaliyakkavilai - 629 153, Tamil Nadu.



A. Meenakshisundararajan
PRINCIPAL
Nanjil Catholic College of Arts & Science
Kaliyakkavilai- 629



NANJIL CATHOLIC COLLEGE OF ARTS AND SCIENCE, KALIYAKKAVILAI.

**DEPARTMENT OF SOCIAL WORK IN ASSOCIATION WITH
NSS
&**

JUNIOR CHAMPIONS INTERNATIONAL, KALIYAKKAVILAI LEGENDS

Organizer's
"Skill development programme"

DATE:09/02/2023

TIME:9.00AM TO 4.00PM

VENUE : SEMINAR HALL

PROGRAMME SCHEDULE

PRAYER SONG	: Ms. S. V. Sruthylekshmi, II MSW Nanjil catholic college of arts and science kaliyakkavilai.
WELCOME ADDRESS	: Ms. Keerthana Christopher, c, II Msw Nanjil Catholic college of arts and science kaliyakkavilai
PRESIDENTIAL ADDRESS	: Rev. Fr. Dr. M.Eckermens Michael, Secretary Nanjil Catholic college of arts and science, kaliyakkavilai
FELICITATION	: Dr. A. Meenakshisundararajan, Principal Nanjil Catholic college of arts and science, kaliyakkavilai
GUEST SPEAKERS	: Mr. Er Febin K Ramesh JCI Kaliyakkavilai Legends President Mr. JFM Adv.A.Antush Jerome, Zone Vice President 2019 Mr. Don Wesley (Engineer)
VOTE OF THANKS	: Mr. Jacob. M, I Msw Nanjil Catholic college of arts and science, kaliyakkavilai
MASTER OF CEREMONY	: Mr. Adhirsh Joseph, Head of Mr. Adithya, IIMsw Nanjil Catholic college of arts and science, kaliyakkavilai

Head
Department of Social Work
Nanjil Catholic College of Arts & Science
Kaliyakkavilai - 629 153, Tamil Nadu.



PRINCIPAL
Nanjil Catholic College of Arts & Science
Kaliyakkavilai - 629 153

Skill development programme

The entire MSW department along with NSS students of Nanjil catholic college gathered in the seminar hall. Whole arrangement for the skill development program started at 9, the skill development programme commenced at 9;30 with a prayer song by Sruthilakshmi(11 year MSW) followed by a welcome speech done by Ms Keerthana (11 year MSW). Adv Antush Jerome made session on drug awareness and mobile addiction. It ended at 10; 25. JCI president taught the students about the interview skill that needs to be followed in an interview. Thereafter Don Wesley did a session on how to over come stage fright the feed back was collected. Mr savour he took a session on how to plan the syllabus. The whole event was facilitated Adv Antush Jerome.

The morning session was conducted for both NSS and MSW trainees and it was found much useful and effective for both groups. All the students were given enough chance to speak on the stage with the aim of eradicating students stage fright. All most the complete participants were actively partaking in the programme with lot of enthusiasms and passion. The afternoon session was only for MSW trainees as the students who were the members of NSS could not continue therefore only MSW trainees were present for the rest of the programme. The session restarted at 1:45 in the afternoon, soon after the beginning social work trainees were divided into four groups for group activity.

Social work trainees dynamically joined in the group activity which was held. It was detained in different levels and format. Those events have tremendously helped the trainees so much. The skill development programme was in it culmination at 3:45 with the presents of collage principle Mr Meenakshisundararajan, MSW Faculties and the entire resources persons. Mr Meenakshisundararajan the principal of Namjil catholic collage made an interactive talk with the MSW trainees to get to know the feedback regarding the session. The vote of thanks was delivered by Mr Jacob (1 year MSW) the program was ended at 4 in the evening.



A. S. S. S. S.
PRINCIPAL
Nanjil Catholic College of Arts & Science
Kaliyakkavilai- 629 153



S. Mary Jelit
Head
Department of Social Work
Nanjil Catholic College of Arts & Science
Kaliyakkavilai - 629 153, Tamil Nadu.

Feedback:

- The students eradicated some myths and misconceptions from their mind.
- The students actively participated and the group was divided into different groups. All group members were given different topics to explain. All members contributed their points without fear and favour.
- The students said that the skill development programme was useful for the trainees to conduct programmes and attending an interview.
- The students felt that it was an urgent programme for all the trainees.
- This programme paved the ways to get rid of their fear and hesitation to come front.
- The dynamic change was observed from the students by the staffs.
- The resource persons requested the staff to conduct frequently to develop the skills and potential of the students.

G. Mary Pelsit

Head

Department of Social Work
Nanjil Catholic College of Arts & Science
Kaliyakkavilal - 629 153, Tamil Nadu.



A. Srinivasan

PRINCIPAL

Nanjil Catholic College of Arts & Science
Kaliyakkavilal - 629 153

NANJIL CATHOLIC COLLEGE OF ARTS & SCIENCE

KALIYAKKAVILAI, K.K. DIST -629153.

DEPARTMENT OF SOCIAL WORK AND RESEARCH CENTRE

IN ASSOCIATION WITH NSS & JUNIOR CHAMPIONS INTERNATIONAL

ORGANIZES

SKILL DEVELOPMENT PROGRAMME

LIST OF PARTICIPANTS

SL NO	NAME	DEPARTMENT	SIGNATURE
1	Jobi.G.K.	2nd B.com.	Jobi.
2.	Benisto.G	2nd B.com	Benisto
3.	Genial Sheswin.BS	II B.com A1	Sheswin
4.	Shinu	II B.com A1	Shinu
5.	Lekshmi.MS	II B.com A2	Lekshmi
6.	SUJI.BN	II B.com A2	Suji
7.	Nandana.H.M	I Bsc Maths	Nandana
8.	Joshika.J.S	I Bsc Maths	Joshika
9.	Hasthriya.T.J	II Bsc Chemistry	Hasthriya
10.	Delina.D	II Bsc Chemistry	Delina
11.	Prabisha.P	II Bsc Physics	Prabisha
12.	Poojodan.A	II Bsc Physics	Poojodan
13.	Apoorva.R	II Bsc physics	Apoorva
14.	Ashwin Jaba.T	II Bsc physics	Ashwin
15.	Ashna.P.S	II Bsc Physics	Ashna
16.	Anyas	I BA English	Anyas
17.	Sneha.D	I BA English	Sneha
18.	Ashana plomin	I BA English	Ashana
19.	Borssy.M	I BA English	Borssy.M
20.	Alisha.Rs	I BA English	Alisha.Rs
21.	Jenisha.J	I BA English	Jenisha
22.	Varsha R.S	I BA english	Varsha
23.	Ashika	I BA English	Ashika
24.	M.Lithin	II Bsc. physical edu	M.Lithin
25.	Harvin.C	II Bsc.phy.edu	Harvin
26.	Subin.SS	II Bsc.phy.edu	Subin
27.	N.Thaneesh Rajan	II Bsc. Phy.edu	Thaneesh
28.	K.Subin Raja.	II Bsc. phy edu.	Subin
29.	Shinto.k.s	II Bsc.CS	Shinto

30	T.P. Prasanth	B.Sc. C.S	Prasanth
31	V. Vashin Rusko	II Bsc. C.S	Vashin
32	Soorya prabha S	II BSC - CS	Soorya
33	Jino JAYAN	I BSC - CS	Jino
34	Mithun. S	I BSC. C.S	Mithun
35	R.S. Abhishek	I st Bsc. Physical Edu	Abhishek
36	Adhish Joseph.	I st MSW	Adhish
37	Faustin. C	II nd MSW	Faustin
38	Akash. M.J	II nd MSW	Akash
39	Subin Geo Thomas	I st MSW	Subin
40	Jacob. M	I st MSW	Jacob
41	Jafin Joseph	I st MSW	Jafin
42	Anal J.S	II nd MSW	Anal
43	Richu. D.A	II MSW	Richu
44	Alin. R	II - MSW	Alin
45	Jebanish. J	I - Bsc. Phy - Ed	Jebanish
46	Pramath. P.P	I. BSC. Phy. Edu	Pramath
47	Akash. N	I Bsc Phy Edu	Akash
48	Samath. H	I Bsc. Phy Edu	Samath
49	R. Ajai	II MSW	Ajai
50	Anish. M.A	II B.COM. Ag	Anish
51	Sreesu. S	II. B.com A2	Sreesu
52	Naviya. S.M	I. Bsc. Chemistry	Naviya
53	Arafa. S	I. Bsc Chemistry	Arafa
54	Archana. J	II. Bsc Zoology	Archana
55	Anjana. S	I BSC Zoology	S. Anjana
56	Deepa Jasmin. M	I Bsc. Physical Educa	Deepa
57	Athira. S.S.	I BA English.	Athira
58	Aparna. L.D.	II BA English	Aparna
59	Blessy J. Christal	I BA English	Blessy
60	Arui. A.S	II BA English	Arui. A.S
61	SHERIN. C.S.	II. B.A. ENGLISH	Sherin
62	Abisha Raj. R.k.	II BBA	Abisha
63	prathacksha. E	II BBA	Prathacksha
64	Bhavya reed. R.S	II BBA	Bhavya Reed
65	Delphin. B.P.	I MSW	Delphin
66	Blessing Tikki C.S.	I MSW	Tikki
67	Melba Rani. M	II BBA	Melba
68	Bibisha. V	II BBA	Bibisha
69	Matam. J.S	II nd MSW	Matam
70	Sruthulekshmi	II nd MSW	Sruthulekshmi
71	Ajitha. U	III rd MSW	Ajitha
72	Angelin Anithi. V	II nd MSW	Angelin
73	Mona Jeslin. M. J	II MSW	Mona
74	Green Shilpa. R.C	II MSW	Green
75	Jenisha. V.J	II MSW	Jenisha

Date:31/01/2023

From

S.Mary Pelsit,
Head, Department of Social Work,
Nanjil Catholic College of Arts and Science,
Kaliyakkavilai.

To

The Principal,
Nanjil Catholic College of Arts and Science,
Kaliyakkavialai.

Sub: Intimation - Regarding mob flash programme for M.S.W students-reg

Respected Sir,


With due respect, the Social Work department of Nanjil Catholic College of Arts and Science, is going to arrange an mob flash progamme for MSW students on 13-03-2023. This programme will be helpful for the students to develop their skills We, hope that you would be kind enough to permit us to arrange skill development programme for our MSW and NSS students. We shall be highly obliged if you kindly allow us to make this programme.

Thanking you.

Yours faithfully,


PRINCIPAL
Nanjil Catholic College of Arts & Science
Kaliyakkavilai-625 011




S. Mary Pelsit
Head
Department of Social Work
Nanjil Catholic College of Arts & Science
Kaliyakkavilai-625 011

NANJIL CATHOLIC COLLEGE OF ARTS AND SCIENCE

KALIYAKKAVILAI

DEPARTMENT OF SOCIAL WORK INCOLLABORATION WITH

JAL JEEVAN MISSION

Flash mob Report

Date: 13-03-2023.

Venue: Vellarada



S. Manjalekshmi
Department of Social Work
Nanjil Catholic College of Arts & Science
Kaliyakkavilai - 629 153, Tamil Nadu.



A. Manjalekshmi
PRINCIPAL
Nanjil Catholic College of Arts & Science
Kaliyakkavilai - 629 153

NANJIL CATHOLIC COLLEGE OF ARTS AND SCIENCE

KALIYAKKAVILAI

DEPARTMENT OF SOCIAL WORK INCOLLABORATION WITH

JAL JEEVAN MISSION

FLASH MOB ON WATER CONSERVATION

Date: 13-03-2023

Venue: Vellarada

Time: 10 am to 12pm

PROGRAMME SHEDULE

- Prayer Song** : **Jeffin and Anishma M J**
(MSW, NANJIL CATHOLIC COLLEGE OF ARTS AND SCIENCE,
KALIKKYAVILAI)
- Welcome Address** : **Anila D P**
(MSW, NANJIL CATHOLIC COLLEGE OF ARTS AND SCIENCE,
KALIKKYAVILAI)
- Presidential Address** : **Mrs. S Mary Pelsit**
(HOD, Department of Social work, NANJIL CATHOLIC COLLEGE
OF ARTS AND SCIENCE, KALIKKYAVILAI)
- Felicitation** : **Mr. Krishnaprasad K R**
(Assistant professor, Department of Social work, NANJIL
CATHOLIC COLLEGE OF ARTS AND SCIENCE, KALIKKYAVILAI)
- Guest Speakers** : **Mrs. S. Rosary Vinitha**
(Assistant professor, Department of English, , NANJIL
CATHOLIC COLLEGE OF ARTS AND SCIENCE, KALIKKYAVILAI)
- Vote of Thanks** : **Subin Geo Thomas**
(MSW, NANJIL CATHOLIC COLLEGE OF ARTS AND SCIENCE,
KALIKKYAVILAI)

S. Mary Pelsit
Department of Social Work
Nanjil Catholic College of Arts & Science
Kaliyakkavilai - 629 153 Tamil Nadu.



A. S. S. S. S.
PRINCIPAL
Nanjil Catholic College of Arts & Science
Kaliyakkavilai-629 153

Flash mob Report

"Don't let water run in the sink

Our life is on the brink"

Water is one of the most valuable resources of the planet we are living on and also one of the most vital nutrients a human body requires. It is crucial to preserve water for both our planet and our selves, without which life would almost be impossible. Nanjil Catholic College of Arts and Science, Kaliyakkavilai. Department of social work trainee along with Sree Sathiya Sai orphanage trust conducted the flash mob to create the awareness to the public about Jal Jeevan Mission on 13-03-2023 Monday at 10.30 am. Jal Jeevan Mission is envisioned to provide safe and adequate drinking water through individual household tap connection by 2024 to all households in rural India

To create the awareness to the community people on the importance to save the water and to introduce the project named Jal Jeevan Mission. 20 trainees from the department of social work along with three staffs gathered in community hall. From the hall the trainee went to four places of Panachamoodu block (Aanapara, Vellarada, Panachamoodu, and Vattappara) to attract the community people through the flash mob and provided the pamphlet containing the vision and mission of the Jal Jeevan Mission. The members who are working under the Jal Jeevan Mission project given the awareness to the community people. From the Panachamoodu Panchayat they provided meal to the participants. The program ends at 1.00 pm.



Head
Department of Social Work
Nanjil Catholic College of Arts & Science
Kaliyakkavilai - 629 153, Tamil Nadu.



A *[Signature]*
PRINCIPAL
Nanjil Catholic College of Arts & Science
Kaliyakkavilai - 629 153

Feedback:

- 20 social work trainees created awareness on saving water among Vellarada Panchayat people by flash mob.
- The choreography of the dance was well and it was attracted by pedestrians, shoppers and political people.
- When students issuing pamphlets, the viewers appreciated the trainees.
- At first, few of the trainees hesitated to dance in the public place. Finally, they said that, it encouraged team building and it built confidence to the trainees.
- They believed that it generated a sense of community action.
- Despite in their busy schedule, they worked hard and delivered well.
- The leadership skill of the students was really appreciable.
- The program organizers (Sree Sathiya Sai orphanage trust) satisfied with that programme and they issued certificate to the trainees.

List of Participants in flash mob

SL.NO	NAME
1.	Anila D P
2.	Blessing Jikki C S
3.	Delphin B P
4.	Jacob M
5.	Jeelin D
6.	Jofin Joseph
7.	Leena Jose
8.	Subin Geo Thomas
9.	Abisha M
10.	Ajitha U
11.	Akash M J
12.	Athithya A V
13.	Jenisha V J
14.	Keerthana Christopher C
15.	Malini J S
16.	Maya R

Head
Department of Arts & Science
Nanjil Catholic College of Arts & Science
Kaliyakkavilai - 629 153 Tamil Nadu.



A
PRINCIPAL
Nanjil Catholic College of Arts & Science
Kaliyakkavilai- 629 153

	Nithya N Saji
18.	Queenshilpa R C
19.	Rasmitha R

Certificate:



Depy Mary Robert
Nanjil Catholic College of Arts & Science
Kaliyakkavilai - 629 153 Tamil Nadu



A. [Signature]
PRINCIPAL
Nanjil Catholic College of Arts & Science
Kaliyakkavilai - 629 153



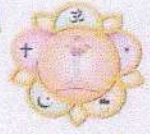
SRI SATHYA SAI ORPHANAGE TRUST - KERALA

Reg. No. 216496

Head Office: TC 9/1108, Ajith Buildings, Sashtamangalam, Thiruvananthapuram 695010, Kerala, India

☎ 0471 - 2721422, 9946480139 ✉ saigramam@gmail.com

🌐 www.saigramglobal.org 📘 www.facebook.com/saigramam. PAN: AAOTS6694N



FOUNDER & EXECUTIVE DIRECTOR
K.N. Anand Kumar

FOUNDER CHAIRMAN: Justice T. Chandrasekhara Menon (Late)

CHAIRPERSON
Justice A. Lekshmikutty

BENEFACTRESS
Princess Aswathi Thirunal Thampuratty

THE LARGEST NGO IN KERALA

SUPPORTED BY TWO AND A HALF LAKHS PEOPLE AND MEMBERS

To Whomsoever It May Concern

Hope you are enjoyed the good time collaborating with us regarding Jal Jeevan Mission Activities. We appreciate all efforts, accomplishments and dedication your department have given so far to Sri Sathya Sai Orphanage Trust- Kerala through your social work students. This is the time to applaud you on the efforts taken your Social Work department of Nanjil Catholic College of Arts & Science, Kaliyakkavilai. It's always a pleasure to work with you and your students. It is very professional and easy to collaborate with your department on community activities. So, I appreciate your department and wish you good luck for all your future endeavors.

27.03.2023

Thiruvananthapuram

Asok kumar E S

State Project Coordinator- Jal Jeevan Mission ISA

Sri Sathya Sai Orphanage Trust – Kerala



Head
Department of Social Work
Nanjil Catholic College of Arts & Science
Kaliyakkavilai - 629 153, Tamil Nadu.



PRINCIPAL
Nanjil Catholic College of Arts & Science
Kaliyakkavilai- 629 153

Date:04/06/2023

From

S.Mary Pelsit,

Head, Department of Social Work,

Nanjil Catholic College of Arts and Science,

Kaliyakkavilai.

To

The Principal,

Nanjil Catholic College of Arts and Science,

Kaliyakkavialai.

Sub: Intimation - Regarding international day of yoga programme-reg

Respected Sir,


With due respect, the Social Work department of Nanjil Catholic College of Arts and Science, is going to arrange an international day of yoga programme on 21-06-2023. We, hope that you would be kind enough to permit us to conduct this programme. We shall be highly obliged if you kindly allow us to make this programme.

Thanking you.

Yours faithfully,


PRINCIPAL
Nanjil Catholic College of Arts & Science
Kaliyakkavilai-625 812




Head
Department of Social Work
Nanjil Catholic College of Arts & Science
Kaliyakkavilai-625 812



NANJIL CATHOLIC COLLEGE OF ARTS AND SCIENCE
KALIYAKKAVILAI

DEPARTMENT OF SOCIAL WORK AND RESEARCH CENTRE IN ASSOCIATION WITH
NSS,

&

YOGA & NATUROPATHY WING GH KUZHITHURAI

CELEBRATES

9th INTERNATIONAL DAY OF YOGA

JUNE 21, 2023
10:00 am - 1:00 pm

Venue: AUDITORIUM

PROGRAMME SCHEDULE

Tamil Thai Vazhthu

Ms. Anishma & Team II MSW
Nanjil Catholic College Of Arts & Science Kaliyakkavilai

Welcome Speech

Mr. Jacob. IIMSW
Nanjil Catholic College Of Arts & Science Kaliyakkavilai

Inaugural address

Rev. Fr. Dr. M. Eckermens Michael, Secretary
Nanjil Catholic College of Arts & Science, Kaliyakkavilai

Felicitation

Dr. A. Meenakshisundararajan, Principal
Nanjil Catholic College of Arts & Science, Kaliyakkavilai

Guest Speaker

Dr. Nice mol (AMO)

Vote of Thanks

Mr. Subin Geo Thomas, IIMSW
Nanjil Catholic College of Arts & Science, Kaliyakkavilai

Introduction:

On the occasion of International Yoga Day, the MSW Department of Physical Education, in collaboration with the National Service Scheme (NSS), organized a yoga Programme at our college. The event took place on June 21, 2023, starting at 10 am. The purpose of this Programme was to promote the benefits of yoga and create awareness about its positive impact in a holistic way.

Objectives:

- To celebrate International Yoga Day and raise awareness about the importance of yoga.
- To educate participants about the various positive effects of practicing yoga regularly.
- To provide a platform for students to actively participate in yoga activities and experience its benefits firsthand.

Activities:

The Programme commenced with the melodious rendition of the Tamil song "Tamil Thai Vazhukkal" performed by MSW students, setting a harmonious and welcoming atmosphere. The event was hosted by MSW students, Adhirsh Joseph and Leena Joseph, who conducted the proceedings smoothly and ensured active engagement of the participants. Dr. Archana, a renowned resource person, enlightened the audience about the numerous positives of practicing yoga. Her expertise and insights provided valuable information on how yoga can enhance physical strength, flexibility, and mental well-being. Additionally, Dr. Nice Mol, another resource person, conducted various yoga practices, guiding the participants through more than 300 yoga exercises.

The event witnessed a significant turnout, with Nanjil Catholic College students actively participating in the programme. The presence of esteemed guests, including Adv. Krishna Prasad, the College Representative, and Mrs. Mary Pelsit, the MSW Department HOD, added prestige to the occasion. The programme concluded with a vote of thanks delivered by MSW trainee Subin Geo Thomas, expressing gratitude to all those who contributed to the success of the event.

Conclusion:

The yoga programme organized by the MSW Department of Physical Education and NSS was a resounding success. It provided a platform for students to experience the benefits of yoga and learn about its positive impact on overall well-being. The active participation of college students and

the valuable insights shared by the resource persons contributed to making the event informative and engaging. The programme successfully achieved its objectives of celebrating International Yoga Day and promoting the practice of yoga for a healthier and happier life.

Feedback:

- Dr. Nice Mol, Ayush Medical Officer, GH Kuzhithurai and Dr. Archana (Marvel nature cure) demonstrated yoga for daily practices were appreciable. Really students benefitted from that programme.
- Female students contacted the resource persons in person and got advice from them.
- The students-maintained silence and did all yoga taught by the resource persons.
- The organizers satisfied with that programme and our principal also appreciated the students.
- Valuable participation was observed from the students. Students were motivated by the resource persons to maintain health and hygiene in their daily life.
- Warm up exercises were taken and all the students practiced and performed sitting and standing asana, importance of these were explained simultaneously. They encouraged students to practice regular yoga to remain fit and improve concentration.
- All Faculty members and students were taught the importance of Yoga in their life and how to maintain the harmony between body and mind. The students discussed the importance of yoga and also exhibited yoga postures and promised to introduce this activity in their daily lives.
- The organizers satisfied with that programme.





பயிற்சி அளித்தார்.



★ களியக்காவிளையில் செயல்பட்டு வரும் நாஞ்சில் கத்தோலிக்க கலை அறிவியல் கல்லூரியில் நடைபெற்ற உலக யோகா தின நிகழ்ச்சிக்கு கல்லூரி செயலாளர் அருட்தந்தை எக்கர்மென்ஸ் மைக்கேல் தலைமை தாங்கி தொடங்கி வைத்து பேசினார். சிறப்பு விருந்தினர்களாக குழித்துறை அரசு மருத்துவமனை டாக்டர் நைஸ்மோள், டாக்டர் அர்ச்சனா ஆகியோர் யோகா செய்வதன் மூலம் ஏற்படும் நன்மைகள் குறித்து விளக்கி பேசினார். நிகழ்ச்சியில் மாணவர்கள், ஆசிரியர்கள் உள்பட ஏராளமானோர் கலந்து கொண்டு யோகா பயிற்சி செய்தனர்.

நிர்வாகன
பெற்ற
பங்கேற்றனர்.

து வழக்கு

உள்ள பால்
17 பேர்
குறிப்பிட்டு
பேர்தலை
தவிர்த்த
சந்தர்ப்பம்
பெற
பெற்றனர்.

லாங்கம்

கல் அருகே
பெரிய
பயிற்சி
பெற்றனர்.

அவதூறு

வாய்
பெற்றனர்.

கனியக்காவினை
செயல்படுத்தி
பெற்றனர்.

கனியக்காவினை கல்லூரியில் யோகா தினம்



யோகா நிகழ்ச்சியில் பங்கேற்ற மாணவர்கள் - மாணவியர்.

கனியக்காவினை ஜூன் 22 கனியக்காவினை நாளில் கனியக்காவினை
கலை அறிவியல் கல்லூரியில் உலக யோகா தினம் புதன் கிழமை
நடைபெற்றது.
நல்ல மனநிலையுடன் நல்ல ஆரோக்கியத்தை பெறும்படித்துடன்
என்ற தலைப்பில் நடைபெற்ற இந்த நிகழ்ச்சியை கல்லூரிச் செயலர்
அருந்தத்தை எம். எசு.மென்ஸ் மைக்கேல் தொடக்கிவைத்து
யோகாவின் முக்கியத்துவம் குறித்துப் பேசினார். கல்லூரி முதல்வர்,
எ. மீனாட்சிசுந்தரராஜன் வாழ்த்திப் பேசினார். குழித்துறை அரசு
மருத்துவமனை மருத்துவர்கள் ரைஸ்மோன், அர்ச்சனா ஆகியோர்
சிறப்பு விருந்தினர்களாகப் பங்கேற்று, யோகா செய்வதால் ஏற்படும்
நன்மைகள், எந்தெந்த நோய்களிலிருந்து விடுபட எந்தெந்த யோகா
செய்ய வேண்டும் என்பது குறித்து விளக்கி, மாணவர்களுக்கு பயிற்சி
யளித்தனர். சமூகப் பணிக் துறை மாணவர் ஜேக்சுப் ராஜேந்திரன்,
மாணவர் எஸ். சுபின் ஜியோ தாமஸ் நன்றி கூறினார்.

குலசேகரம் எஸ்.ஆர்.கே.பள்ளியில்...



பெற்ற
பெற்ற
பெற்ற

வள்ளியூ

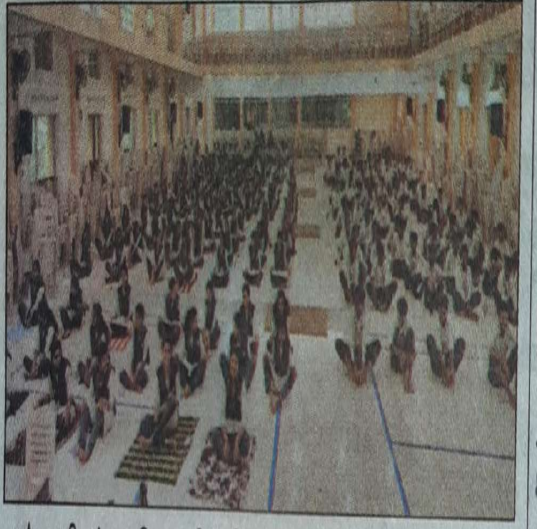


வள்ளியூ
பெண்கள்
மாணவிகள்
ஆகியினர்

களக்க

களக்க
பெற்ற
பெற்ற
பெற்ற

பயிற்சி அளவூறு



யோகா நிகழ்ச்சியில் பங்கேற்ற மாணவிகள் - மாணவிகள்

★ கனியக்காவினையில் செயல்பட்டு வரும் நாஞ்சில் கத்
தோலிக்க கலை அறிவியல் கல்லூரியில் நடைபெற்ற உலக
யோகா தின நிகழ்ச்சிக்கு கல்லூரி செயலாளர் அருந்தத்தை
எக்கர்மென்ஸ் மைக்கேல் தலைமைதாங்கி தொடங்கி வைத்து
பேசினார். சிறப்பு விருந்தினர்களாக குழித்துறை அரசு மருத்
துவமனை டாக்டர் ரைஸ்மோன், டாக்டர் அர்ச்சனா ஆகி
யோர் யோகா செய்வதன் மூலம் ஏற்படும் நன்மைகள் குறித்து
விளக்கி பேசினார். நிகழ்ச்சியில் மாணவர்கள், ஆசிரியர்கள்
உள்பட ஏராளமானோர் கலந்து கொண்டு யோகா பயிற்சி
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