

## CRITERIA 3

### DEPARTMENT OF ENGLISH

### PROOFS FOR EXTENSION ACTIVITIES

#### 1. Awareness on Importance of Plantation of Saplings

In order to create awareness about the need to save the Planet Earth and thank Nature for all its bounties, the Department of English conducted a Plantation of Saplings Awareness among students in 22th April, 2021. It is celebrated as Earth Day every year. On behalf of this Day we have planned to meet the students in their homes amidst the Pandemic. Dr. S. Sushma Jenifer, Head, Department of English A1 and Mr. R. Rooban Rajasekhar, Head, Department of English A2 have initiated the Staff to spread the importance of tree plantation and maintenance of plants. The Staff members, Mrs. Merlin Mahil, Mrs. Reshma Raju, Mr. Godwin Mesi and Mr. Sajitha Sajan, Assistant Professors, met some of the students who are staying near the College. They explained the plethora of benefits of planting trees which enhances their lifestyle with Nature. Trees enhance beauty and make our surroundings clean and hygienic. The Plantation Awareness activity was ended by donating and planting a sapling at their home. Students, their parents and faculty members actively participated in the event.

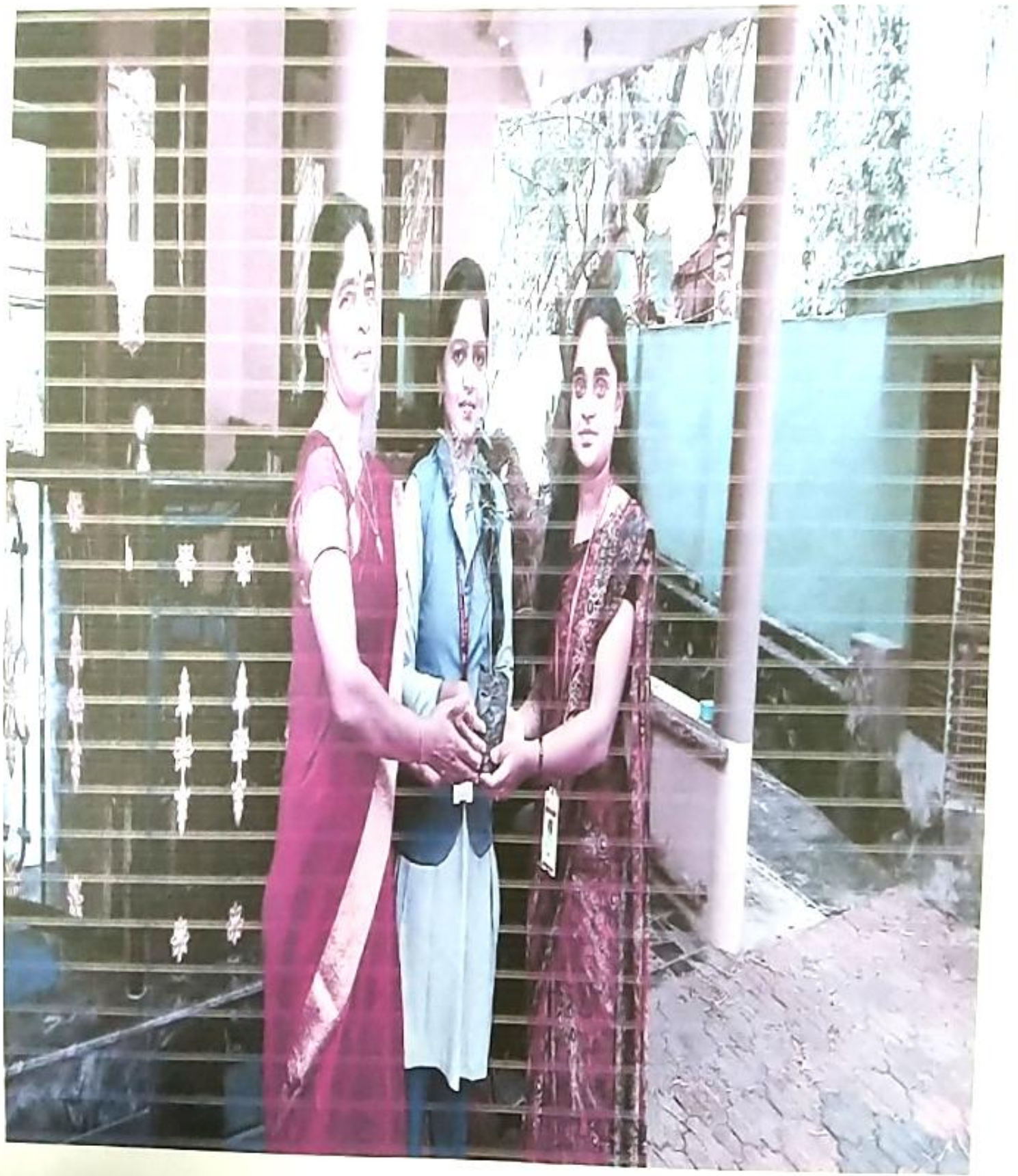
  
Head  
Department of English  
Nanjil Catholic College of Arts & Science  
Kaliyakkavilai - 629 163, Tamil Nadu











## 2 Awareness Programme on Developing Mentoring and Facilitation Skills for Institutional Mentors

To create awareness among the faculty on mentoring and developing skills, the Faculty Development Centre, Mahatma Gandhi National Council of Rural Education, Department of Higher Education, Ministry of Human Resource Development, Government of India has conducted a program on Developing Mentoring and facilitation Skills for Institutional Mentors on 08/06/2020-12/06/2020. The program is sponsored by Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching. The Staff members, Mrs. Subi, Mrs. Rosary Vmintha and M. Godwin Mesi Assistant Professors, attended the program with their effective participation.

*Dr. S. Senthil Kumar*

**Head**

**Department of English  
Nanjil Catholic College of Arts & Science  
Kaliyakkavilai - 629 153, Tamil Nadu**





सत्यमेव जयते

Ministry of Human Resource Development  
Government of India



Meno6/01/83

## *Faculty Development Centre*

*Mahatma Gandhi National Council of Rural Education*

(Department of Higher Education, Ministry of Human Resource Development, Govt. of India)

*Sponsored by*

*Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching*

## *Certificate*

This is to certify that

**J Godwin Mesi**

of

**Nanjil Catholic College of Arts and Science, Kaliyakavilai**

**Has Successfully Completed Five Days Online Faculty Development Program**

on

***'Mentoring and Facilitation Skills for Institutional Mentors'***

**June 08 - 12, 2020**

**Dr. W G Prasanna Kumar**

Chairman

Mahatma Gandhi National Council of Rural Education

Ministry of Human Resource Development

Government of India



सत्यमेव जयते



Where there is Rural Wellbeing  
there is Universal Prosperity

Ministry of Human Resource Development  
Government of India

## *Faculty Development Centre*

### *Mahatma Gandhi National Council of Rural Education*

(Department of Higher Education, Ministry of Human Resource Development, Govt. of India)

### *Sponsored by*

*Pandit Madan Mohan Malaviya National Mission on Teachers and Training*

## *Certificate of Participation*

This is to certify that

Ms. Subi M S

of

Nanjil Catholic College of Arts and Science

Has Successfully Completed Five Days Online Faculty Development Program On  
*'Mentoring Institutional Social Responsibility and  
Community Engagement'*

June 08-12, 2020

**Dr. W G Prasanna Kumar**

Chairman

Mahatma Gandhi National Council of Rural Education

Ministry of Human Resource Development

Government of India



सत्यमेव जयते

Ministry of Human Resource Development  
Government of India



Where there is Rural Wellbeing  
there is Universal Prosperity

Mena6/01/91

## *Faculty Development Centre*

*Mahatma Gandhi National Council of Rural Education*

(Department of Higher Education, Ministry of Human Resource Development, Govt. of India)

*Sponsored by*

*Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching*

## *Certificate*

This is to certify that

**Rosary Vinintha S**

of

Nanjil Catholic College of Arts and Science, Kaliyakkavilai

Has Successfully Completed Five Days Online Faculty Development Program

on

*'Mentoring and Facilitation Skills for Institutional Mentors'*

June 08 - 12, 2020

**Dr. W G Prasanna Kumar**

Chairman

Mahatma Gandhi National Council of Rural Education

Ministry of Human Resource Development

Government of India

### 3. The Visit to an Orphanage

The visit to an Orphanage is a life-changing experience as it is filled with emotions and sentiments. The Staff members, Mrs. Merlin Mahul, Mrs. Sajitha Sajan and Dr.S Angelin Fendlet Assistant Professors, Department of English, Nanjil Catholic College of Arts and Science, Kaliyakkavilai, are lucky to get an opportunity to visit an Orphanage in YMCA, Muzhucode on March 31, 2021.

There were around 10 children with 2 care-takers and a woman in charge. It was a two-storey building with a terrace. The walls of the home were old and the paint had worn off. It looked like the house was without maintenance for years. Most of the children were working in the garden when we entered. The age group of the children was ranging from 10 years to 14 years. We had brought food, cool drinks, books, chocolates, pens, etc. with us. We segregated ourselves and went to talk individually to everyone. Many of us started playing indoor games with the children, while many choose to play outdoor games.

*Dr. S. S. Fendlet*  
Head  
Department of English  
Nanjil Catholic College of Arts & Science  
Kaliyakkavilai - 629 153, Tamil Nadu





*S. Smt. Smt.*

**Head**

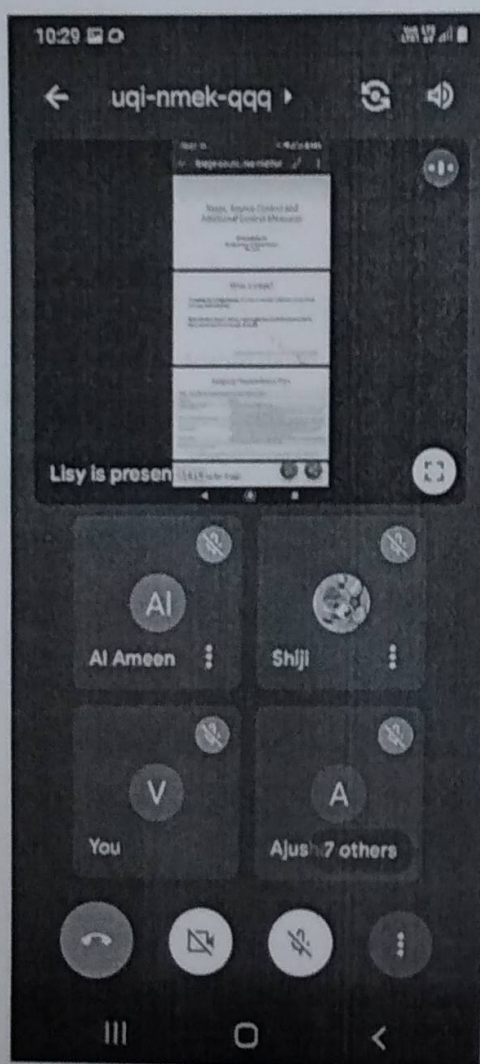
**Department of English**  
**Nanjil Catholic College of Arts & Science**  
**Kaliyakkavilai 629 153, Tamil Nadu.**



## EXTENSION ACTIVITIES

### Awareness Programme on Developing Mentoring and Facilitation Skills for Institutional Mentors

To create awareness among the faculty on mentoring and developing skills, the Faculty Development Centre, Mahatma Gandhi National Council of Rural Education, Department of Higher Education, Ministry of Human Resource Development, Government of India has conducted a program on Developing Mentoring and facilitation Skills for Institutional Mentors on 08/06/2020-12/06/2020. The program is sponsored by Pandit Madan Mohan Malavya National Mission on Teachers and Teaching. The Staff members, Mrs. L. Lizy, Assistant Professors, attended the program with their effective participation.



# Faculty Development Program for HEI's on, Building Emotional Intelligence and Resilience using, Case Method of Experiential Teaching and Learning.

Conducted from 17-May-2021 to 21-May-2021 by Melwyn

lilylazer@gmail.com Switch account

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The name and photo associated with your Google account will be recorded when you upload files and submit this form. Only the email you enter is part of your response.

\* Required

Email \*

Form title

Your Department and the Subject you teach \*

Chemistry

Kindly mention Names of Coordinator, Session Speaker \*

Naveen Kumar

Please share your learning from the session \*

It's informative

Rate the workshop session \*

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Least ☐ ☐ ☐ ☒ ☐ Highest



English Tamil



English Tamil



Nanjil Catholic College of Arts and Science,  
Kaliyakkavilal

ECO Club

Greeneries Day

On 20-03-2020

PROGRAMME SCHEDULE

Venue	:	Seminar Hall
Prayer Song	:	Students
Welcome Address	:	Hafsha Farsath B I B.Sc.Zoology
Presidential & Inaugural Address	:	Rev.Fr. M. ECKERMENS MICHEAL Secretary, NACCAS
Felicitation	:	Dr. A. MEENAKSHISUNDARARAJAN Principal, NACCAS.
Vote of Thanks	:	Dr.M.Therasita mary Assistant Professor , Department of Zoology, NACCAS
Plantation	:	Department of Zoology

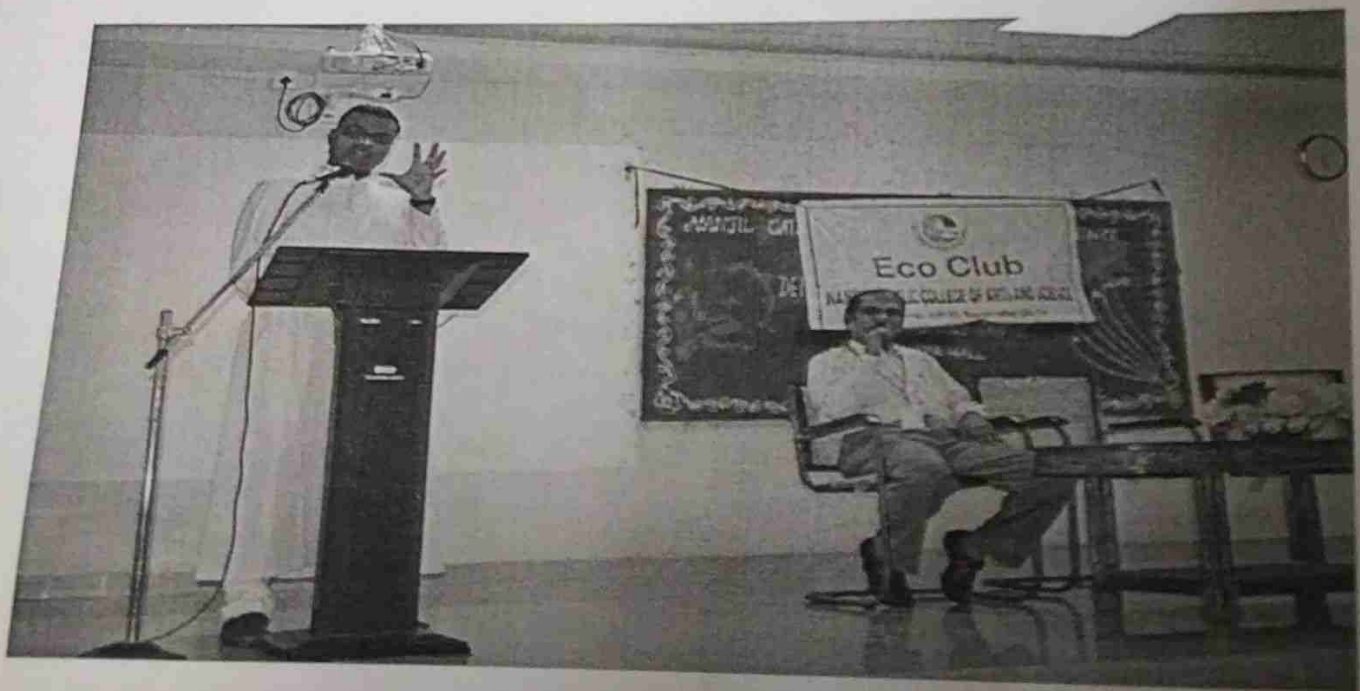
# **Nanjil Catholic College of Arts and Science**

Kaliyakkavilai

## **Eco Club**

### **Greeneries day**

Eco club of Nanjil Catholic College of Arts and Science , Kaliyakkavilai organized a Greeneries Day on 20-03-2020 venued in seminar hall at 11 am. The programme began with a prayer song followed by welcome address by Hafsha Farsath, I B.Sc. Zoology. Rev.Fr.Eckermens Micheal, Secretary of our college, Give presidential address and gave valuable information about the greeneries and motivate the students to plant atleast one tree their birthdays and present a saplings to their friends. Felicitation by Dr.A. Meenakshisundararajan, Principal, NACCAS, Emphasised the importance of plants,pollution free environment etc. Vote of thanks by Dr.Therasita Mary and the program end with national anthem by our students.





Thank you

Reported By  
 Dr. M. Therasita Mary  
*(Signature)*

*(Signature)*  
**Dr. M. SINI MARGRET**  
 Head & Assistant Professor  
 Department of Biology  
 Nanji Catholic College of Arts and Science  
 Kaliyakkavilal - 629 153  
 Kanyakumari District, Tamil Nadu.

**Nanjil Catholic College of Arts and Science,**

**Kaliyakkavilai- 629 153, India.**

**Eco Club and Department of Zoology**

**jointly organize**

**Awareness Program on Urban Sprawl in Kanyakumari District**

**02.03.2020**

**PROGRAMME SCHEDULE**

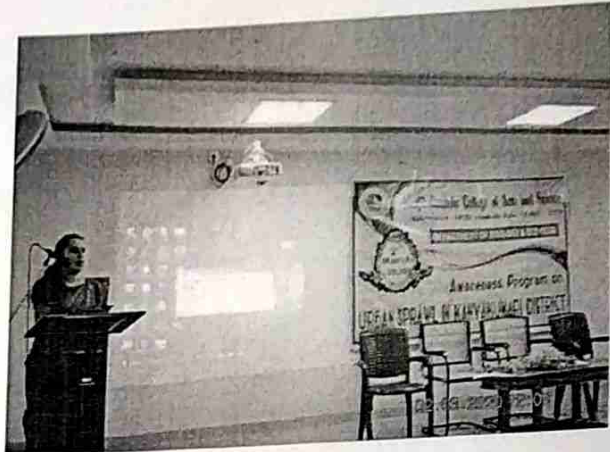
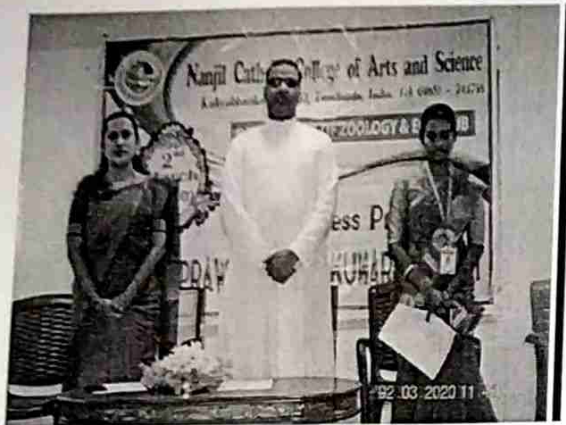
Prayer Song	: Students
Welcome Address	: Miss. Vishnu Priya II B. Sc Zoology, NACCAS
Presidential Address	: Rev. Fr. M. ECKERMENS MICHEAL Secretary, NACCAS
Felicitation	: Dr. A. MEENAKSHISUNDARARAJAN Principal, NACCAS.
Invited Talk	: Dr. JENI PADUA Dean of Science, Holy Cross College, Nagercoil.
Distribution of Certificates	: Dr. JENI PADUA Dean of Science, Holy Cross College, Nagercoil.
Vote of Thanks	: Miss. Shalini I B. Sc Zoology, NACCAS

# Nanjil Catholic College of Arts and Science

Kaliyakkavilai

## Awareness Program on Urban Sprawl in Kanyakumari District

Department of Zoology and Eco club jointly organized an awareness program on urban sprawl in Kanyakumari District on 02. 03. 2020. Dr. Jeni Padua, Dean of Science, Holy cross college delivered a lecture on the impact and remedies of urbanization.



The meeting was started with a prayer song. Dr. M. Sini Margret welcomed the gathering. Rev Fr. Eckermens Micheal, Secretary, NAACAS presided the program and delivered a presidential address. Our Principal Dr. Meenakshisundararajan felicitate the gathering. Dr. Jeni Padua in her speech, she stated thatt the *Urban sprawl* is the unrestricted growth in many urban areas of housing, commercial development, and roads over large expanses of land, with little concern. So she insists the students to make awareness about the demerits of urbanisation. She motivate the students for self employment also. The meeting was concluded with the vote of thanks of D. A. Ajitha Mol.

*ESm/2*  
Dr. M. SINI MARGRET  
Head & Assistant  
Department  
Nanjil Catholic College  
Kaliyakkavilai 629 102  
Kanyakumari District, Tamilnadu.

Reported By  
Dr. M. Sini MARGRET

*ESm/2*

**A Project Report on**

**Imparting Helper's skills among students to extend psychosocial support  
among the Covid affected community**

**17<sup>th</sup> – 21<sup>st</sup> May, 2021**

**Submitted to**



**Mahatma Gandhi National Council of Rural Education**

**Department of Higher Education**

**Ministry of Education, Government of India**

**Submitted by**

**Dr.A.Ajitha Mol**



**Assistant professor of Zoology**

**Nanjil Catholic College of Arts and Science**

**Kaliyakkavilai – 629 153**

**Kanyakumari District**

**Tamil Nadu**

### Summary of the Report

Name of the Participant	A.Ajitha Mol
Name of the Institute	Nanjil Catholic College of Arts and Science Kaliyakkavilai
Assignment Topic	Guidance for Psychosocial Counselling for COVID-19 Positive Patients and Their Family Members
Helper skills on psychosocial support to covid affected imparted among No. of students	15
Nature of the activities conducted	<ul style="list-style-type: none"> <li>• Create the awareness of COVID-19 rules and regulation</li> <li>• The role of student engagement through whatsapp , facebook updates the medical related support</li> <li>• Students are adviced to take care of healthy food stuffs and breathing exercises</li> <li>• Video conference meeting conducted to develop the emotional intelligence of students</li> <li>• Student interaction to the society as a community helper</li> </ul>
Psychosocial support extended to No. of covid affected people	<ul style="list-style-type: none"> <li>• The student support the people through tele-communication .</li> <li>• Advise their affected family members to take healthy food, self isolation, breathing exercises, mental relaxation , avoid fear and stress.</li> <li>• Students continue the activity with their own interest</li> </ul>

### **Involvement of Students/friends in Psychosocial support to Covid patients**

A group of 15 students are participated and enriched with the interactive activities and online workshop **"Guidance for Psychosocial Counselling for COVID-19 Positive Patients and Their Family Members"** conducted on 18.5.21 at 9 a.m in google meeting link <http://meet.google.com/nyv-nmri-tec>. The workshop was presided and delivered a talk by Dr.A.Ajitha Mol, Assistant professor of Zoology, NACCAS, Kaliyakkavilai. They learned and practices the skill during periods of pandemic. Building an understanding how we are impacting the client and how the client is impacting us. They learns specific skills and techniques of developing and demonstrating empathy such as reflection, paraphrasing etc. It may be useful for us to make meaning of the experience during the pandemic both as an individual as well as a mental health professional. The students shared their experiences of covid affected family members, relatives and colleagues. They knowledge the importance of programe to take care and well being of the. community

The workshop to establish contact with clients in a compassionate and helpful manner. Safety and Comfort. To enhance current physical and emotional safety and comfort. Stabilization to help reduce immediate distress and calm clients who are overwhelmed. Information Gathering to assess current needs and concerns. Practical Assistance to provide practical help to clients as needed. Connection with Social Supports to help clients connect with their existing sources of social support and establish/ facilitate new sources of support. Information on Coping to provide information about normal stress reactions and helpful coping mechanisms. Linkage with Collaborative Services to help clients link to appropriate services that they may need. The COVID-19 outbreak is a global emergency. This platform offers basic psychological support to help you better manage the psychosocial difficulties might be experiencing. A thorough knowledge of ethics is thus, an important component of practising as per the standards of the profession.

This survey is the first attempt to measure the impact of the pandemic on mental, neurological and substance use services at global and regional levels. The survey covered the existence and funding of mental health and psychosocial support plans, the presence and

composition of mental health and psychosocial support service coordination platforms, the degree of continuation and causes of disruption of different mental, neurological and substance use services, the approaches used to overcome these disruptions and surveillance mechanisms and research on mental, neurological and substance use data. This information will inform planning and response to mitigate the effects of the pandemic on populations and communities

NANJIL CATHOLIC COLLEGE OF  
ARTS AND SCIENCE, Kaliyakavilai,  
Kanyakumari District

Department of Zoology & Mahatma  
Gandhi National Council of Rural  
Education

organizes

Online Workshop

on

"Guidance for Psychosocial Counselling  
for COVID-19 Positive Patients and their  
Family Members"

Date: 18th May, 2021  
Time: 09.00 am

Resource person:  
Dr. A. Ajitha Mol,  
Assistant Professor,  
NACCAS

For Registration

<https://forms.gle/gVoCWWxfKPVSQqLH7>

Meeting Link <https://meet.google.com/nyv-nmri-tec>

STAY HOME STAY SAFE

Thank you

For Further Details Contact:

Dr. A. Ajitha Mol

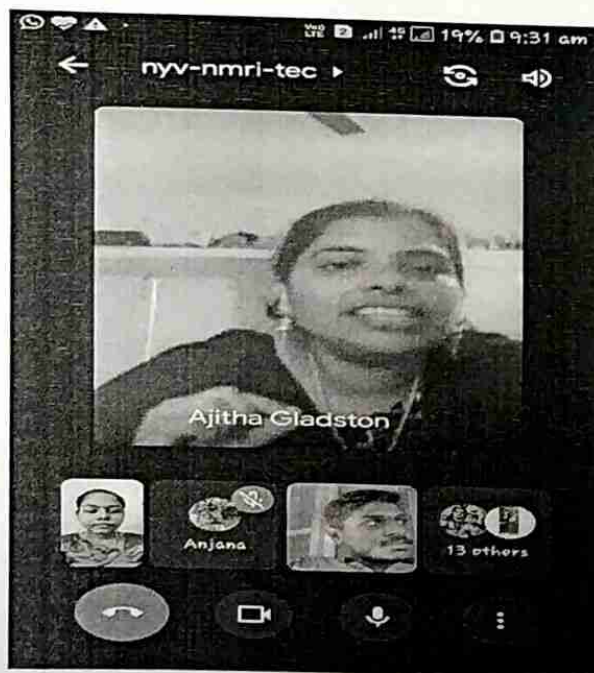
With Regards,

Rev. Fr. M. Eckermens Michael,  
Secretary,

Dr. A. Meenakshi Sundararajan,  
Principal,

Nanjil Catholic College of Arts and  
Science, Kaliyakavilai

B-17

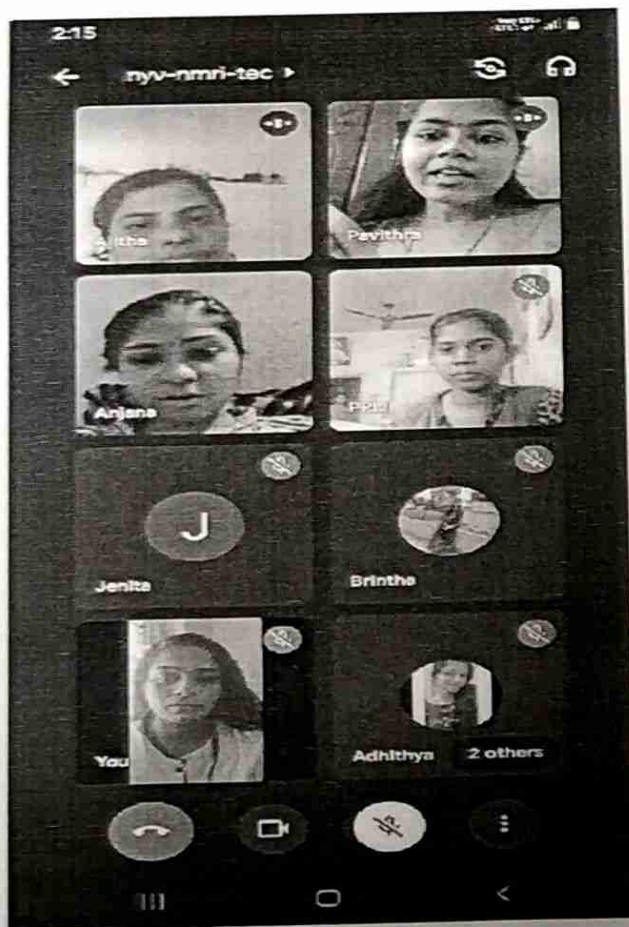
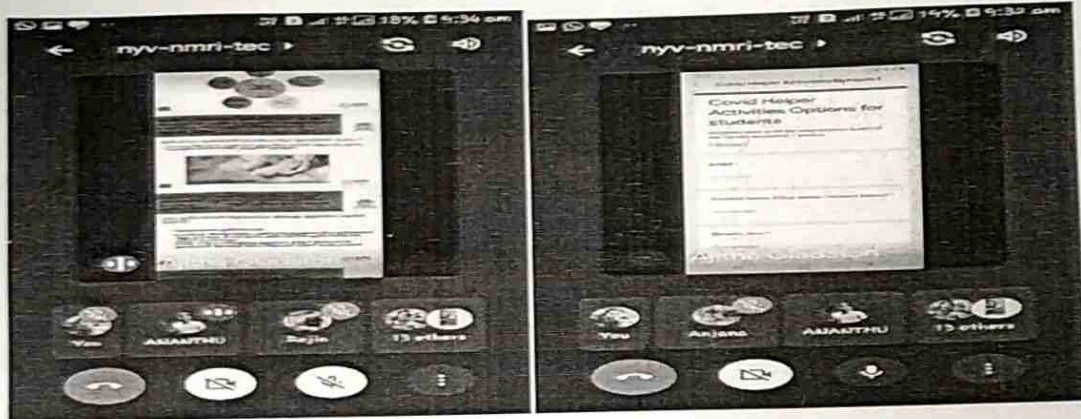


## List of activities conducted

### ACTIVITY – I

#### Students interaction of Psychosocial support to Covid patients

Students interaction session was conducted on online worksop of . They express their emotional intelligence towards the society to recover the covid patients. They discussed the rules and regulation of covid -19 pandemic to maintain the self care.

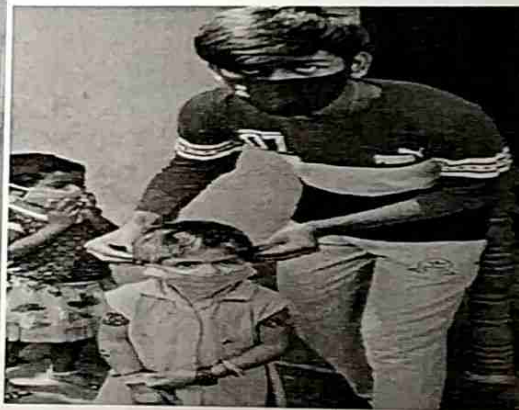
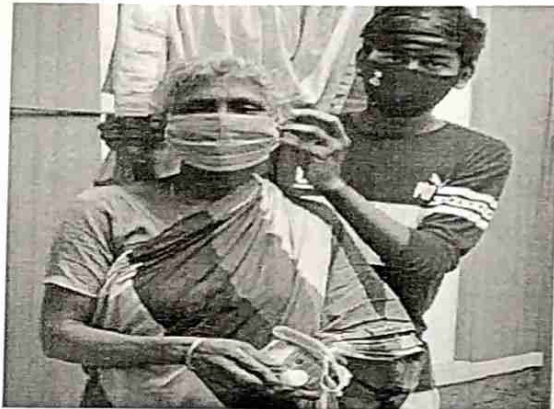
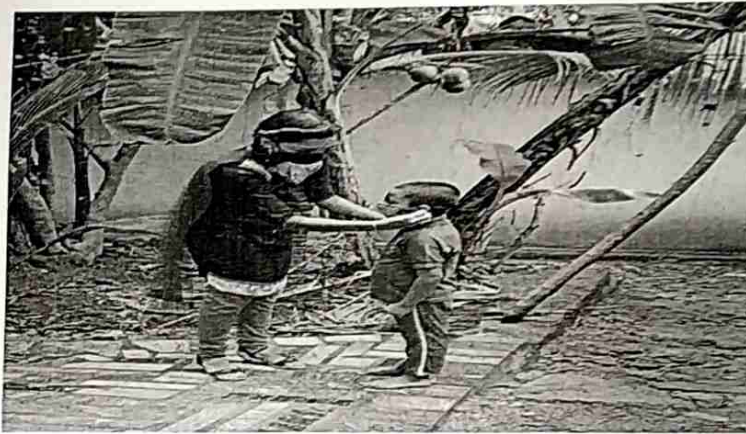


About this call			
People		Information	
	Brintha M S		
	Gopika Meenu		
	Hafsa Farsath		
	Jenita RS		
	PRIJI K.S		
	Rejin Kukku		
	Salini SA		
	Sandeep Kannan		
	Shiny Selvaraj		
	Sreedevi Chandran		
	Vishnupriya A.B		

## ACTIVITY-II

### Student communication with children to aware of covid -19

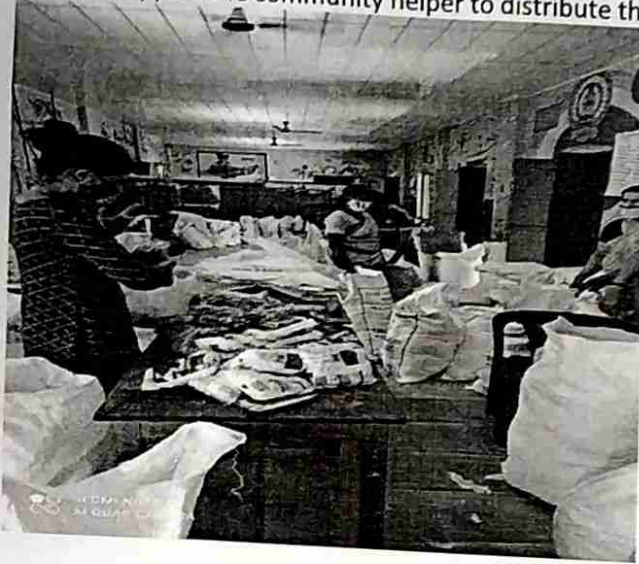
Our department student telecommunicate with the clients for their needs and supportive mental health. Students interacted and communicate with the small childrens to protect themselves by providing mask and hand cleaner. Avoid to come out of home, personal and food hygiene. To secure their well being , must eat healthy and nutritious food. To aware the childrens by common instruction such as wear mask, wash the hand, stay in home etc.



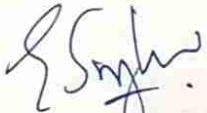
### ACTIVITY-III

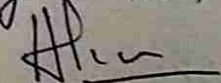
Student support as a community helper

Student support the community helper to distribute the food grains



In the COVID-19 pandemic, mental health professionals faced challenges such as shifting to telecounselling, facing network and connectivity related issues, obtaining informed consent, and maintaining boundaries between personal and professional lives while working from home.

  
**Dr. M. SINI MARGARET**  
Head & Assistant Professor  
Department of Zoology  
Nanjil Catholic College of Arts and Science  
Kaliyakkavilai  
Kanyakumari District, Tamilnadu.

Reported by  
A. Ajitha Mol  


Awareness Programme on

# Mobile Addiction and Substance Abuse

*Organised by*

ARUNACHALAM HIGHER SECONDARY SCHOOL,

THIRUVATTAR (AHSS)

&

DEPARTMENT OF SOCIAL WORK

NANJIL CATHOLIC COLLEGE OF ARTS AND SCIENCE,

KALIYAKKAVILAI (NACCAS)

Date : 16-03-2021 Tuesday

Time : 10.30 am to 12.15 pm

Venue : AV Room, AHSS



***Awareness Programme on  
Mobile Addiction and Substance Abuse***

***Organised by***

***Aramachalam Higher Secondary School, Thiruvattar (AHSS)***

***&***

***Department of Social Work***

***Nanjil Catholic College of Arts and Science, Kaliyakkavilai (NACCAS)***

***Time: 10.30 am to 12.15pm***

***Venue: AV room, AHSS***

***PROGRAMME SCHEDULE***

**I. Inaugural session (10.30 am to 10.45am)**

- Welcome Address : Selvi. S.M. Ajisha ( 1<sup>st</sup>MSW Trainee NACCAS, Kaliyakkavilai)  
Presidential Address : Mrs. S.S. Bindu, Headmistress of AHSS, Thiruvattar  
Felicitation : Mrs. R. Sarojini, Social Welfare Officer, KK Dist  
Felicitation : Mrs. S. Mary Pelsit, HOD, Department of Social Work, NACCAS  
Felicitation : Dr. S. Ponni, Department of Social Work, NACCAS

**II. Key note address on Mobile Addiction & Substance Abuse (10.45am to 12.15 pm)**

***by***

***Dr. Francis Xavier Nelson, Director  
Counselling Ministry, Nagercoil***

***Mr. J. Sahaya Franco, Administrator - JMAADD, Nagercoil***

***Mr. P. Shaji Keruffin, Staff - JMAADD, Nagercoil***

***Mrs. D. Elsy Rebecca, Staff - JMAADD, Nagercoil***

***NMBC Trained Volunteers***

- Vote of thanks : Selvi. T.A. Thanishalivinski, (1<sup>st</sup>MSW Trainee NACCAS)  
Master of ceremony : Selvi. K.S. Jenisha (1<sup>st</sup>MSW Trainee NACCAS)  
Guidance and Support : Mrs. S. Mary Pelsit  
Mr. P. Krishna Prasad,  
Dr. S. Ponni.  
Program Convenors : NSS Team - AHSS, T.A. Thanisha Livinski, S.M. Ajisha and  
K.S. Jenisha.

***Thank you***

SL. NO	NAME	CLASS	PLACE	SIGNATURE
1	Nithish M	XII - F	Thiruvananthapuram	Michael
2	R. S. S. S.	XII - F	Kulasekhar	R. S. S. S.
3	V. P. S. S.	XII - F	Thiruvananthapuram	V. P. S. S.
4	S. S. S. S.	XII - F	Thiruvananthapuram	S. S. S. S.
5	S. S. S. S.	XII - F	Thiruvananthapuram	S. S. S. S.
6	S. S. S. S.	XII - F	Thiruvananthapuram	S. S. S. S.
7	S. S. S. S.	XII - F	Thiruvananthapuram	S. S. S. S.
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24	S. S. S. S.	XII - F	Thiruvananthapuram	S. S. S. S.

Sl. No	NAME	CLASS	PLACE	SIGNATURE
25	S. Smith Patel	XII	Kulathur	[Signature]
26	M. S. S.	XII	Kulathur	[Signature]
27	S. S.	XII	Kulathur	[Signature]
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49	S. S.	XII	Kulathur	[Signature]
50	S. S.	XII	Kulathur	[Signature]

SL. NO	NAME	CLASS	PLACE	SIGNATURE
1	Uma	XII B	Perambalur	[Signature]
2	Penak	XII B	Chennai	[Signature]
3	RSW	XII B	Perambalur	[Signature]
4	SAB	XII E	Thiruvallur	[Signature]
5	Arundhamini	XII E	Kulasekharan	[Signature]
6	Arundhamini	XII E	Thiruvallur	[Signature]

## COMMUNITY ORGANIZATION PROGRAMME

### REPORT ON

### MOBILE ADDICTION AND SUBSTANCE ABUSE

#### *Introduction*

Community organization is a social work method. Community organization for social welfare is concerned with people and their needs. The needs of a community are very diverse which require a balanced and integrated programme for fulfillment. So the social work trainees prepared awareness programme in Arunachalam Higher Secondary School, Thiruvattar on the topic “ Mobile Addiction and Substance abuse”. This programme was organized successfully by the social work trainee in the particular place.

#### *Planning of the programme:*

The social work trainees discussed with the project co-ordinator of AHSS about the topic and assortment of place for the community organization. They plan to give awareness programme about one of the social stigma. They also referred with the staff members of social work department of Nanjil catholic college of Arts & science, Kaliyakkavilai & Mr.S.S.Bindu Headmistress of AHSS Thiruvattar.

#### *Selection of the Topic:*

Selected the topic based on the needs of the school students. The student who were part of the school needed awareness programme because many students were addicted by mobile

phones which would spoiled the life of the school students. So, the selected topic to help the students to identify their problems and work towards a solution of the problem.

***Aim:***

The general aim of community organization programme is to bring knowledge and awareness about mobile addiction and substance abuse.

***Objectives:***

- i. To develop better understanding about mobile addiction and substance abuse
- ii. To know about the cause and the effect of substance abuse, to measure the awareness and responsiveness about the increased use of mobile and it's harmful effect among the youth.

***Date, time & Venue:***

The availability of the school students and venue with the support of the agency. According to that set the date, time and venue for the programme.

Date : 16<sup>th</sup> march 2021

Time : 10:30am to 12:45pm

Venue : Av Room, AHSS Thiruvattar

***Preparation for the programme:***

The process of preparation of the programme includes:

1. Planning of the programme
2. Study about the problem of the students
3. Implementation of the programme.

Planned to give awareness about mobile addiction and substance abuse. To know information regarding the school student. Guide interacted with Mrs.S.S.Bindu Headmistress of Arunachalam higher secondary school, Thiruvattar, then conform the programme on that particular day. TheN arranged the student in this programme and plan to prepare programme schedule, banner, invitation for the implementing the programme.

***Programme Execution:***

The community organizing programme was held on 16/03/2021, The programme began at 10:30am and logged out at 12:30pm at AHSS Thiruvattar in AV Room. The formal

reception was given to all the Chief guests and the participants by the trainee. Nearly 80 students are attended the programme. The programme started by welcome address delivered by Miss.S.M.Ajisha, she welcome headmistress of AHSS, Chief Guest, and the resource person. Then presidential address given by Mrs.S.S.Bindu (Headmistress of AHSS Thiruvattar). Felicitation was given by Mrs.Sarojini (social welfare officer, K.K.dist) and Mrs.Mary pelsit, HOD, Department of social work, NACCAS, Kaliyakkavilai and Dr.S.ponni, Department of social work NACCAS, Kaliyakkavilai. Dr.Francis Xavier Nelson, director counselling ministry, Nagarcoil, he gave a key note address on mobile addiction & substance abuse. Then Mr.J.Sahaya Franco, Administrator- JMAADD, Nagarcoil and the team members of Mr.P.Shaji Keruffin, staff\_JMAADD,Nagarcoil and Mrs.D.Elsy Rebacca,Staff -JMMAADD, Nagarcoil. Special address on eradication of mobile addiction and substance abuse, to share own experience to the students to know about the effect of substance and mobile addict. The students were will co-operated for the grand success of the programme hope this information will change the life of many students. Finally, Miss.T.A.Thanisha Livinski gave the vote of thanks then Miss.K.S.Jenisha did the master of ceremony.

#### ***Outcome:***

The students of AHSS, came to know about the causes and effect of substance abuse and better understanding about the mobile addiction.

#### ***Learning:***

- To acquired knowledge to plan and prepare for a successful program.
- To gained idea to organize the programme and made the students to participate to learned about the implementation to the awareness programme.
- Students are aware about the mobile addiction and substance abuse.
- To learned about the effect and causes of substance abuse.
- To understood the importance of the community organization programme. They learned the theoretical to apply in practical way

#### ***Evaluation:***

Evaluated the community organization programme in both positively and negatively. They got many positive commands from the participants and agency guides and staff members. This programme was very useful for the students. There is no negative commands about the awareness programme.

#### ***Conclusion:***

Community organization is a developing branch of social work. Community organization program moulded in many ways as to develop his comprehensive organizing capabilities. It helped very much for the practice the theoretical knowledge. It helped the study and identify the felt need of the community and also to do the social work in the community settings. The positive and negative comments about the organization helped for the future programmes.

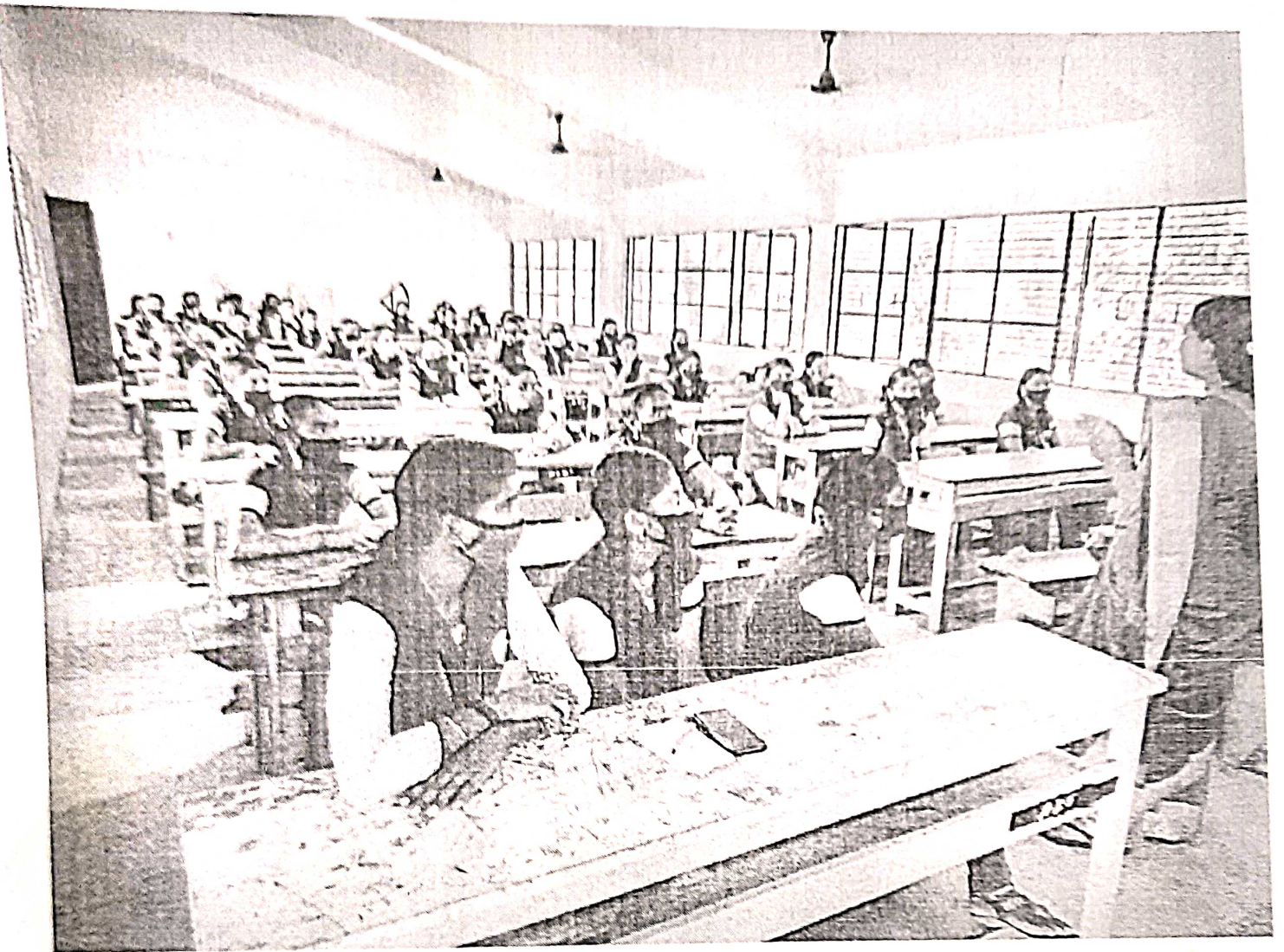
The social work facilities also helped in a positive way. They also benefited in developing personal qualities such as leadership skills, organizing skills, fund raising and financial management and event management. The students were co-operated with the programme. This programme will change the life of many students.

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## திருவட்டாறு பள்ளியில் விழிப்புணர்வுக் கருத்தரங்கம்



நிகழ்ச்சியில் பங்கேற்றோர்.

குலசேகரம், மாநாடு 18: திருவட்டாறு அருணாசலம் மேல்நிலைப் பள்ளியும், கவிஞர் கவிதை நஞ்சில் கத்தோலிக்க கலை அறிவியல் கல்லூரியும் இணைந்து நடத்திய போதை மற்றும் செல்விடப் பேசி அடிமையாதல் குறித்த விழிப்புணர்வுக் கருத்தரங்கம் நடைபெற்றது.

பள்ளியில் நடைபெற்ற இக்கருத்தரங்குக்கு, பள்ளித் தலைமை ஆசிரியை எஸ்.எஸ். பிந்து தலைமை வகித்தார். நஞ்சில் கலை அறிவியல் கல்லூரியின் சமூகப்பணித் துறைத் தலைவர் மேரி பெல்கிட், பேராசிரியர் பொன்னி ஆகியோர் வாழ்த்திப் பேசினர்.

போதை விழிப்புணர்வு இயக்கத்தைச் சேர்ந்த கருத்துரையாளர்கள் பிரான்சிஸ் சேவியர் ரெஸ்ஸன், சகாயபிரான்ஸ்கோ. பி. ஷாஜி கிருஷிண், எச்சய்ரெபேக்கா ஆகியோர் செயல்விளக்கம் அளித்தனர். நிகழ்ச்சியை, நஞ்சில் கத்தோலிக்க கலை அறிவியல் கல்லூரியின் சமூகப் பணித் துறை பயிற்சியாளர்கள் தன ஷாலி வின்ஸ்கி, அஜிஷா, ஜெனினா ஆகியோர் தொகுத்து வழங்கினர்.

NANJIL CATHOLIC COLLEGE OF ARTS AND SCIENCE

DEPARTMENT OF SOCIAL WORK

AWARENESS PROGRAMME ON HEALTH AND HYGIENE DURING COVID 19.

### Awareness Programme

Title of the programme Health & Hygiene during Covid- 19

Date: 19-03-2021

Venue: mitraniketan, people's College, Seminar Hall

Time: 2.00pm to 3.30pm

Resource persons

Mr. Franklin, Joint Health Inspector, Govt Health Center vellanad

Mr. Dr. Reghu Ram Das Joint Director

mitranketan

### Introduction

The said work trainee conducted Awareness program on health and Hygiene, during COVID - 19' at Seminar Hall, mitraniketan peoples College, from 2.00 to 3.3. Pm. The awareness programme was conducted as part of community organization programme.

### Need of the Awareness programme

In the contemporary social scenario the expansion of COVI D-19 Virus -emerging as a global challenge. During this time maintaining health and hygiene is very essential and needed. Being aware of these. Social work trainee decided to conduct an awareness programme on health and hygiene during covid 19 at mithraniketan.

### Planning

The social work trainee discussed with the agency supervisor and women group coordinator Mrs Usha about the programme. Then the agency supervisor and student discussed about finding a

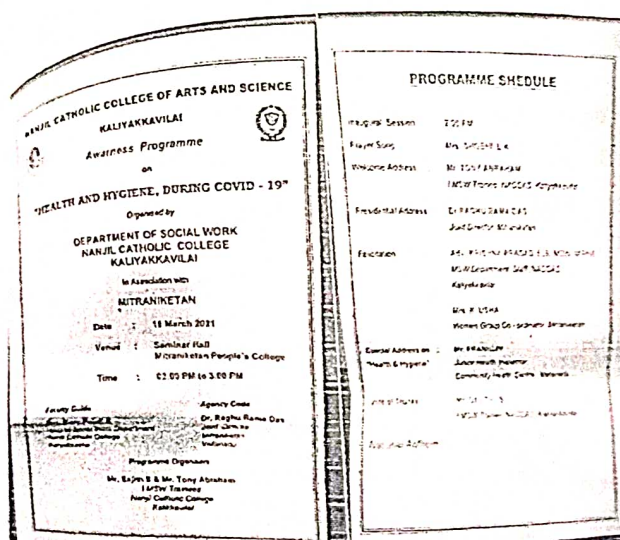
suitable topic. Which is related with a contemporary social issue? Finally the topic was selected, date, time and resource person was fixed after discussing with the guide. after fundraising the trainee printed invitation notice and banner and invited the women group leaders and department staffs and all workers in mithraniketan to participate in the programme.

#### Programme execution

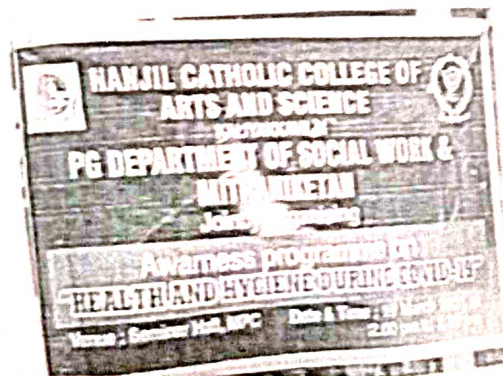
The awareness programme began with prayer song by Mrs. Sobhi women group member. Mr. Tony Abraham social work trainee welcomed the resource person and he explained about the purpose of the programme felicitation was given by Mr. Krishnaprasad KR. Assistant Professor socialwork department.Mr. Franklin junior health inspector, community health centre vellanad gave a special address on the topic. He mentioned about the importance of health and hygiene during covid 19. People are encouraged to wash hands frequently, use antiseptics to clean household items, wear masks in public places, avoid meeting people with colds and coughs, observe physical distance, avoid crowded places, and stay home as much as possible. He communicated to people to refrain from shaking hands, kissing, and hugging for the safety of their loved ones, family members, and the broader community, as these measures will help us defeat this global pandemic.24 SHG members participated in the programme.

#### Budget for the programme

Sl no	Date	benefactors	Amount	Expenditure	Amount
1	11.03.21	Usha .s	200	Invitation/notice	100
2	11.03.21	Bargavi	100	Notice	100
3	11.03.21	Raji	100	Banner	300
4	11.03.21	Raju	100		
		Total	500	Total	500



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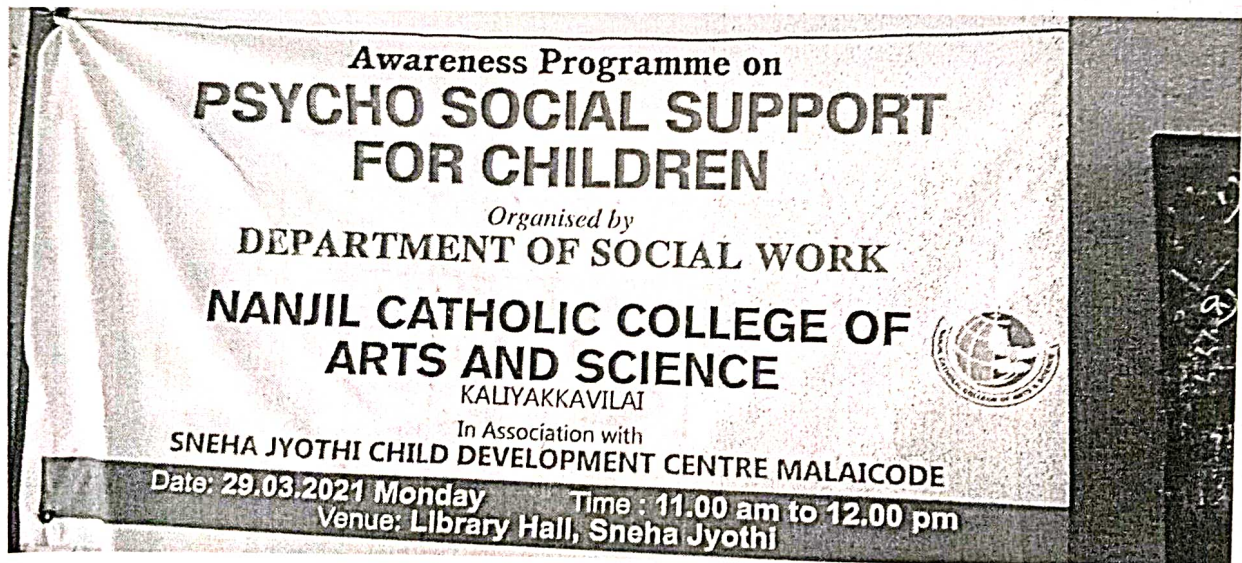
KALIYAKKAVILAI-629153

DEPARTMENT OF SOCIAL WORK

COMMUNITY ORGANIZATION PROGRAMME

REPORT ON

“PSYCHOSOCIAL SUPPORT FOR CHILDREN”



NANJIL CATHOLIC COLLEGE OF ARTS AND SCIENCE  
KALIYAKKAVILAI



Department of Social Work  
In Association with

SNEHA JYOTHI CHILD DEVELOPMENT CENTRE  
Organised an Awareness Programme on

**"PSYCHO SOCIAL SUPPORT FOR CHILDREN"**

Date : 29 March 2021

Venue : Library Hall, Sneha Jyothi, CDC

Time : 11.00 AM to 12.00 PM

Faculty Guide

Mrs. Mary Pelsit S (HOD)

Dr. Ponni S

Mr. Krishna Prasad K.R

Department of Social Work

Agency Code

Mr. Saji Kumar

Coordinator

Sneha Jyothi CDC

Programme Organisers

Miss. Abarna Angel Y.A, & Miss. Surya S, & Miss. Liya C.S

I MSW Trainees

Nanjil Catholic College of Arts and Science, kaliyakavilai

**PROGRAMME SHEDULE**

## INTRODUCTION

Community organization is a social work method. Community organization for social welfare is concerned with people and their needs. The needs of a community are very diverse which require a balanced and integrated programme for fulfillment. So the social work trainee prepared a programme in the village Malaicode about child line awareness in accordance with community needs and resources. This programme was organized successfully by the social work trainee in the particular place.

## PLANNING

Social work trainee plan to give awareness programme about one of the social stigma. Trainee planned the programme along with staff members of social work department of Nanjil catholic college and Snehajyothi child development center.

## SELECTION OF TOPIC

The social work trainee selected the topic based on the needs of the communities. The people who were part of the village needed child line awareness because children are facing a lot of problems in their house and society.. so the topic selected by the social work trainee to help communities to identify their problems and work towards a solution of the problem.

## AIM

The general aim of community organization programme is to bring knowledge and awareness about "childline".

## OBJECTIVES

- ❖ Victims of child sexual abuse
- ❖ Street children and youth living alone on the streets.
- ❖ Child labourers working in the unorganized and organized sectors.
- ❖ Children who need emotional support and guidance.
- ❖ Children of commercial sex workers.
- ❖ Children who are victims of substance abuse.
- ❖ Mentally challenged children

## PREPARATION FOR THE PROGRAMME

The process of preparation of the programme includes,

- ❖ Planning of the programme

- ❖ Study about the area
- ❖ Need assessment of the area
- ❖ Discussion and organization
- ❖ Implementation of the programme

Social work trainee planned to give awareness about child line. The second step was to know the information regarding the community. The children in that village do not have much awareness about child line. Trainee organized the public by communicating with a parish priest and the representative of that area for the programme. The trainee visited the basic community and interacted with the members and gathered them for the programme. Trainee prepared programme schedule, banner, invitation for implementing the programme.

### PROGRAMME EXECUTION

The community organization programme was started on 29.03.2021 at 11.00 am at library hall, Mala code. Nearly 60 members attended the programme. The programme started with prayer song. Then the Abarna Angel Y.A welcomed the guest of honour of the dias. Presidential address was given by Rev. Fr. Sm George. The keynote address was given by Mr. Varghees and Mrs. Palcy gave a special talk on child line. The people were well co-operated for the grand success of the programme. Finally Miss Surya gave the vote of thanks.

### BUDGET AND RESOURCES MOBILIZATION

SL NO	DATE	NAME	AMOUNT
1	14.3.2021	Abarna Angel Y.A	350
2	19.3.2021	Lija C.S	350
3	22.3.2021	Surya S	350
4	26-03-2021	Snehajyothi CDC	1500
		TOTAL	2550

SINO	DATE	PARTICULARS	AMOUNT
1	27-03-2021	Invitation	150
2	27-03-2021	Banner	340
3	29-03-2021	Resourceperson	300
4	29-03-2021	Food	1400
		TOTAL	2190

## LEARNINGS

Trainee acquired knowledge to plan and prepare for a successful programme. Trainee gained idea to organize the programme and made the people to participate. Trainee learned about the implementation of the awareness programme. Trainee got knowledge for preparing of agenda, invitation, banner for the programme. Trainee acquired ideas for mobilizing resources from others for the programme. Trainee got knowledge about the skills required for the programme like planning skill, communicating skill, organizing skill etc for the programme. Trainee realized the importance of the social worker during the programme. Trainee understood the importance of the community organization programme.

## EVALUATION

Social work trainee evaluated community organization programme in both positively and negatively. Trainee got many positive comments from the staff members.

## CONCLUSION

Community organization is a developing branch of social work. Community organization programme includes many steps to follow like planning, organizing, communication, discussion, preparation, etc. When social worker or social work trainee strictly follow these steps they can mould on organizing community which has the highest values common welfare of all numbers of the community.

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**NANJIL CATHOLIC COLLEGE OF ARTS AND SCIENCE KALIYAKKAVILAI**  
**DEPARTMENT OF SOCIAL WORK AND RESESRCH CENTRE**  
**REPORT ON ELIMINATION OF TUBERCULOSIS -2025**

NATIONAL TUBERCULOSIS ELIMINATION PROGRAMME		
KANYAKUMARI DISTRICT		
TB UNIT EDAICODE		
<u>LIST OF CHIEF QUESTS PARTICIPATED TB AWARENESS PROGRAMME</u>		
DATE : 10.03.2021		
PLACE : Nanjil Catholic College of Arts & Science		
NAME OF PROGRAMME : TB Awareness Programme and Prizes Distribution		
S.NO.	NAME	DESIGNATION
1	Dr.Ramesh, MBBS.,DTCD.	Medical Officer - District TB Centre, Asaripallam.
2	Dr.Jasmine Priya, MBBS.	Medical Officer - TB Control, TBU - Edaicode
3	Dr.Nice Mol, BNYS.	Medical Officer - Yoga and Naturopathy, GH Kuzhithurai.
4	Mr.Venkateswaran	DPPM Co-Ordinator - District TB Centre, Asaripallam.
5	Mr.Sreekumar	Health Inspector - UPHC Kaliyakkavilai.

### INTRODUCTION:-

The department of social work organised an awareness programme for MSW 1<sup>st</sup> and 2<sup>nd</sup> year and NSS student on 10-03-2021. The main topic of programme is to "Elimination of Tuberculosis -2025". A potentially serious infectious bacterial disease that mainly affects the lungs. In March 2017 the Government of India announced that the new aim with regard TB in India was the Elimination of TB by 2025. Elimination has defined by the World Health Organisation (WHO) means that there should be less than 1 person with TB for a population of a million people.

### PARTICIPANTS

All the first years and second years and NSS student actively participated in the programme. In this programme all the faculty members and the resource person Dr. Ramesh Medical officer, MBBS, District TB centres, Aasaripallam; Dr. Nice Mol – Medical officer, Yoga and Naturopathy, Government Hospital, Kuzhithurai. Mr Britto, Senior treatment supervisor TBU Edaicode deliberated the words about Elimination of Tuberculosis by 2025.

## PERFORMED ACTIVITIES

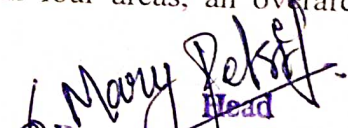
The awareness programme started with prayer song by Miss Shalini and group from 2<sup>nd</sup> MSW. Master of ceremony was done by Mr Deepish Mon, Miss. Anjuka from 2<sup>nd</sup> MSW. Welcome Address was done by Mr Albert from 2<sup>nd</sup> MSW. Mr Britto, Senior treatment supervisor, TBU Edaicode, gave an introduction speech about Elimination of TB by 2025. Then the session was handled to the resource person Dr. Ramesh, Medical officer, MBBS, District TB centre. He gave explanation about prevalence and response, Government schemes and benefits, types of TB, symptoms of TB and treatment of TB. A potentially serious infectious bacterial disease that mainly affects the lungs. The bacteria that cause TB are spread when an infected person coughs or sneezes. Most people infected with the bacteria that cause tuberculosis don't have symptoms do occur, they usually include a cough (sometimes blood-tinged), weight loss, night sweats and fever. Patients with active symptoms will require long course of treatment involving multiple antibiotics. Pulmonary tuberculosis, pleural tuberculosis. Skeletal tuberculosis, brain tuberculosis, Bladder and kidney tuberculosis, joint tuberculosis, gastrointestinal tract tuberculosis and Military tuberculosis. After that Dr. Nice Mol medical officer, yoga and Naturopathy, Government hospital, kuzhithurai. She explained about preventive measures of tuberculosis "prevention is better than cure". She instruct the students to follow "Healthy life style, Nutrition, Balanced diet and Immunity Boosting". She conduct a Yoga practicing for the social work and NSS students. Then the price distribution programme was done by Dr. Britto, senior treatment supervisor, TBU Edaicode. Vote of thanks was done by Mrs Meghala. J from IInd MSW, Dr. Britto also gave gratitude for the resource person and the participants.

## EVALUATION

Students were understood about TB Disease. Students got knowledge about preventive measures of tuberculosis "prevention is better than cure". She instruct the students to follow "Healthy life style, Nutrition, Balanced diet and Immunity Boosting"

## CONCLUSION

Health workers are taking many initiative actions to eliminate TB before 2025. Tuberculosis infection and disease remain common in populations characterized by poor housing condition, drug use and HIV infection. The goal is to achieve a rapid decline in the burden of TB, mortality and morbidity, while working towards the elimination of TB in India by 2025. Detect, treat, prevent and build. There is also across all four areas, an overarching theme of the private sector.

  
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