

Extension and outreached Programmes conducted 2017-2021

Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	No. of Participants
2017-2018				
World Environment Day	NSS	Celebration	6/5/2017	81
International Yoga Day	NSS	Celebration	6/21/2017	91
NSS Orientation Programme	NSS	Orientation	7/5/2017	88
No Vehicle Day Interstate Rally	NSS	Celebration	7/18/2017	95
Programme on Swachhta	NSS	Awareness	8/1/2017	100
Swachhta Pakhwara	NSS	Cleanliness Drive	01-08-2017 to 15-08-2017	100
Independence day	NSS	Celebration	8/15/2017	78
Mega Cleaning Event	NSS	Cleanliness Drive	01-09-2017 to 02-09-2017	82
NSS day Celebration	NSS	Celebration	9/26/2017	80
Programme on Blue Whale Menace	NSS	Awareness	10/4/2017	86
Joy of Giving Activity	NSS	Activity	10/6/2017	89
Vigilance Awareness Day	NSS	Observance	10/30/2017	82
National Unity Day	NSS	Observance	10/31/2017	87
Operation Clean Money	NSS	Awareness	11/2/2017	88
Programme on AIDS	NSS	Awareness	12/21/2017	95
National Voters' Day	NSS	Celebration	1/25/2018	90
Republic Day	NSS	Celebration	1/26/2018	83
Special Camp preparatory meeting	NSS	Meeting	2/17/2018	50
International Women's Day	NSS	Celebration	3/8/2018	97
Blood Donation Camp	YRC	Camp	8/16/2017	35
Awareness on Eye Donation and Eye Check-Up	YRC	Awareness & Camp	7/19/2017	152
Orphanage Visit	Young Men's Christian Association, Muzhucode	Awareness Programme	2017-2018	50

Gender Campaign	Kudumbasree District Mission	Community Organisation	10-02-2018	30
Election Awareness Programme	Rural Motivation Centre	Community Organisation	2/17/2018	44
Cancer Awareness Programme	Marthandam Integral Development Society	Community Organisation	2/21/2018	86
Community Development Campaign	Kanyakumari Social Service Society	Community Organisation	2/25/2018	48
Cancer Awareness Programme	Sowbhagya Charitable Society	Community Organisation	2/27/2018	86
Free Eye Check Up Camp	Parassala Grama Panchayath	Community Organisation	3/13/2018	100
Free Medical Check up	Trivandrum Social Service Society	Community Organisation	3/17/2018	66
Plastic Awareness Class	ICDS, Perunkadavila	Community Organisation	3/24/2018	30
2018-2019				
NSS Orientation for New Comers	NSS	Orientation	18-06-2018 to 22-06-2018	95
Orientation for Selected Volunteers	NSS	Orientation	8/6/2018	95
Swachhta Pakhwara	NSS	Cleanliness Drive	01-08-2018 to 15-08-2018	95
Independence day	NSS	Celebration	8/15/2018	98
Kerala Flood Relief	NSS	Activity	8/29/2018	96
Legal Awareness	Kanyakumari District Legal Services Authority	Awareness	8/30/2018	5
Meeting on Swachhta	NSS	Awareness	9/19/2018	44
Mega Cleaning Event	NSS	Cleanliness Drive	9/20/2018	83
NSS DAY	NSS	Celebration	9/24/2018	90
Xaverian NSS Meet	St.Xavier's College palayamkottai	Competition	9/25/2018	9
Youth Awakening Day	NSS	Observance	10/15/2018	89

National Unity Day	NSS	Observance	10/31/2018	85
Deworming Activity	NSS	Activity	12/14/2018	77
National Voters' Day	NSS	Celebration	1/25/2019	92
Orphanage Visit	Young Men's Christian Association, Muzhucode	Awareness Programme	2018-2019	50
Outreach program -Karunai illam visit	CS	Share and learn	2018-2019	22
Sacred Heart Home Visit	CS	Share and learn	2018-2019	13
Medical Camp	National Health Mission	Community Organisation	13-02-2019	48
Health Awareness Programme	KIDSS- Rural Motivation Centre	Community Organisation	22-02-2019	62
Awareness on Alcoholism	Arunachala Higher Secondary School, Thiruvattar	Community Organisation	22-02-2019	58
Drug Awareness Work Experience Programme	Don Bosco Veedu	Community Organisation	25-02-2019	20
Awareness Class On Behavioural Stages In Life-Span (A Psychological Study)	Kudumbasree District Mission	Community Organisation	05-03-2019	37
2019-2020				
NSS Orientation Programme	NSS	Orientation	7/10/2019	88
World Population Day	NSS	Awareness	7/11/2019	85
Old age home visit	NSS	Activity	7/20/2019	87
Drug abuse and alcoholism	NSS	Awareness	7/22/2019	90
Programme on child rights	child line nagercoil	Awareness	7/24/2019	85
Swachhta Pakhwada	NSS	Cleanliness Drive	01-08-2019 to 15-08-2019	84
Independence day	NSS	Celebration	8/15/2019	93
NSS Day	NSS	Celebration	9/24/2019	94
NSS Special Camp	The Dale View	Activity	29-01-2020 to 04-02-2020	50
Cancer Awareness Rally	NSS	Awareness	2/4/2020	91
Programme on One Stop Centre for Women	NSS	Awareness	2/20/2020	94

Pothai Vizhippunarvu Mukaam	Department of Tamil Nanjil Catholic College of Arts & Science	Awareness Programme	2019-2020	50
Old Age Home Visit	Trinity Home for the Aged, Thiruthuvapuram	Awareness on Healthcare	2019-2020	50
Eye Camp	Samko Eye Hospital, Marthandam	Free Eye camp	2019-2020	52
Awareness Class : Life Skills	Pratheeksha IRCA, Shangumugam	Community Organisation	18-02-2020	28
Less drinking More Thinking	Kanyakumari Social Service Society	Community Organisation	21-02-2020	25
Cancer Awareness Programme	Kottar Social Service Sangham	Community Organisation	03-03-2020	35
Cancer Awareness Programme	Kottar Social Service Sangham	Community Organisation	07-03-2020	42
Free Eye Medical Camp	Suraksha Community Centre for Family Health	Community Organisation	17-03-2020	51
Violence Against Women And Laws To Prevent Them	RMP Hall, Kozhiporvilai	Community Organisation	20-03-2020	42
2020-2021				
COVID-19 Lock-down Activities	NSS	Awareness	5/16/2020	22
International Day of Yoga	NSS	Observance	6/21/2020	242
Corona Virus Awareness programme	NSS	Awareness	7/2/2020	525
Covid activities	NSS	Activity	7/10/2020	86
International Workshop on “How To Make Mask”	NSS	Workshop	11/11/2020	98
Constitution day	NSS	Celebration	11/26/2020	98
Orientation programme for first year NSS Volunteers	NSS	Orientation	12/19/2020	99

Elimination of Tuberculosis	NSS	Awareness	3/10/2021	98
Digital Poster Making	NSS	Competition	4/30/2021	96
Tuberculosis Awareness Programme	Government Health Centre, Idaicode	Tamil nadu National TB Elimination Program	2020	157
Consumer Awareness Programme	Nanjil Catholic College of Arts and Science	Tamil nadu society for consumer protection	2020	131
Awareness on Importance of Plantation of Saplings	-	Awareness to save Nature and Planet	2020-2021	10
Awareness Programme on Developing Mentoring and Facilitation Skills for Institutional Mentors	Mahatma Gandhi National Council of Rural Education, Ministry of Human Resource Development, Government of India.	Pandit Madan Mohan Malavya Mission on Teachers and Teaching.	2020-2021	3
Orphanage Visit	Young Men's Christian Association, Muzhucode	Awareness Programme	2020-2021	18
Orphanage Visit	CS	Share and learn	2020-2021	43
"Elimination of Tuberculosis 2025"	District Tuberculosis Centre Asaripallam	Awareness Programme	2020-2021	157
Online International Day of Yoga Quiz'	M.S. University	Celebrations	2020-2021	50
Mobile Addiction and Substance Abuse	Arunachala Higher Secondary School, Thiruvattar	Community Organisation	16-03-2021	157
Health And Hygiene During Covid 19	Mitrani ketan, vellanadu Trivandrum	Community Organisation	19-03-2021	24

Psycho Social Support for Children	Sneha Jyothi Child Development Centre, Malaicode	Community Organisation	29-03-2021	60
Prevention of Substance Abuse	TTK Chennai	Webinar	11-08-2021	23
Arumbugal Rural Camp-2021	Madathattuvilai Parish Council	Rural Camp	24-10-2021 to 31-10-2021	53
2021-2022				
Webinar on children and women protection acts and drug abuse prevention	District Social Welfare Board Kanyakumari	Webinar	8/18/2021	50
COVID Vaccination Drive	NSS	Activity	9/7/2021	114
Poshan Abhiyan Awareness Programme	NSS	Awareness	9/30/2021	220
Plastic Awareness	NSS	Awareness	10/29/2021	100
World Aids Day	NSS	Observance	12/2/2021	100
Geneva Conventions Day	Youth Red Cross	Competitions	8/14/2021	16
International Youth Day	Youth Red Cross	Motivation	8/12/2021	57
World Heart Day	Youth Red Cross	Awareness Programme	9/29/2021	78
Covid Volunteering Activities	Mahatma Gandhi National Council of Rural Education	Best Covid Campaign	2021	54
Free medical camp	Arunachalam Higher secondary school, Thiruvattar	Community Organisation	29-03-2022	83
Cancer Screening Camp	Kottar Social Service Society	Community Organisation	12/4/2022	53
Cancer Awareness Campaign"	Kanyakumari Social Service Society	Community Organisation	19-04-2022	30
Nutrition And Heal Thy Lifestyle	Malankara Social Service Society	Community Organisation	19-04-2022	60
Child Line Awareness Program	Central Rural Development Of India, Paloor.	Community Organisation	22-04-2022	37
Environment Protection Awareness Programme"	Nuthana Trust ,Mulagumoodu	Community Organisation	22-04-2022	100

Environmental Protection Through The Disposal of Plastic	Thirupuram Gramapanchayath	Community Organisation	22-04-2022	72
Cancer Awareness Programme	Marthandam Integrated Development Society (MIDS).	Community Organisation	22-04-2022	25
Health & Hygiene	Suraksha Community centre for family health and family Counselor centre, Nagercoil	Community Organisation	3/5/2022	20
Awareness On Savings And Sustainable Development	Sneha Jyothi Child Development Centre, Malaicode	Community Organisation	5/6/2022	135

3.4.3 Number of extension and outreach Programmes conducted by the institution through N YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issue organised in collaboration with industry, community and NGOs during the last five years) & 3.4.4 Average percentage of students participating in extension activities at 3.4.3. above

Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity
2017-2018			
World Environment Day	NSS	Celebration	6/5/2017
International Yoga Day	NSS	Celebration	6/21/2017
NSS Orientation Programme	NSS	Orientation	7/5/2017
No Vehicle Day Interstate Rally	NSS	Celebration	7/18/2017
Programme on Swachhta	NSS	Awareness	8/1/2017
Swachhta Pakhwara	NSS	Cleanliness Drive	01-08-2017 to 15-08-2017
Independence day	NSS	Celebration	8/15/2017
Mega Cleaning Event	NSS	Cleanliness Drive	01-09-2017 to 02-09-2017
NSS day Celebration	NSS	Celebration	9/26/2017
Programme on Blue Whale Menace	NSS	Awareness	10/4/2017
Joy of Giving	NSS	Activity	10/6/2017
Vigilance Awareness Day	NSS	Observance	10/30/2017
National Unity Day	NSS	Observance	10/31/2017
Operation Clean Money	NSS	Awareness	11/2/2017
Programme on AIDS	NSS	Awareness	12/21/2017
National Voters' Day	NSS	Celebration	1/25/2018

Republic Day	NSS	Celebration	1/26/2018
Special Camp preparatory meeting	NSS	Meeting	2/17/2018
International Women's Day	NSS	Celebration	3/8/2018
Blood Donation Camp	YRC	Camp	8/16/2017
Awareness on Eye Donation and Eye Check-Up	YRC	Awareness&Camp	7/19/2017
Orphanage Visit	Young Men's Christian Association, Muzhucode	Awareness Programme	2017-2018
Gender Campaign	Kudumbasree District Mission	Community Organisation	10-02-2018
Election Awareness Programme	Rural Motivation Centre	Community Organisation	2/17/2018
Cancer Awareness Programme	Marthandam Integral Development Society	Community Organisation	2/21/2018
Community Development Campaign	Kanyakumari Social Service Society	Community Organisation	2/25/2018
Cancer Awareness Programme	Sowbhagya Charitable Society	Community Organisation	2/27/2018
Free Eye Check Up Camp	Parassala Grama Panchayath	Community Organisation	3/13/2018
Free Medical Check up	Trivandrum Social Service Society	Community Organisation	3/17/2018
Plastic Awareness Class	ICDS, Perunkadavila	Community Organisation	3/24/2018
2018-2019			
NSS Orientation for New Comers	NSS	Orientation	18-06-2018 to 22-06-2018
Orientation for Selected Volunteers	NSS	Orientation	8/6/2018
Swachhta Pakhwara	NSS	Cleanliness Drive	01-08-2018 to 15-08-2018

Independence day	NSS	Celebration	8/15/2018
Kerala Flood Relief	NSS	Activity	8/29/2018
Legal Awareness	Kanyakumari District Legal Services Authority	Awareness	8/30/2018
Meeting on Swachhta	NSS	Awareness	9/19/2018
Mega Cleaning Event	NSS	Cleanliness Drive	9/20/2018
NSS DAY	NSS	Celebration	9/24/2018
Xaverian NSS Meet	St.Xavier's College palayamkottai	Competition	9/25/2018
Youth Awakening Day	NSS	Observance	10/15/2018
National Unity Day	NSS	Observance	10/31/2018
Deworming Activity	NSS	Activity	12/14/2018
National Voters' Day	NSS	Celebration	1/25/2019
Orphanage Visit	Young Men's Christian Association, Muzhucode	Awareness Programme	2018-2019
Outreach program -Karunai illam visit	CS	Share and learn	2018-2019
Sacred Heart Home Visit	CS	Share and learn	2018-2019
Medical Camp	National Health Mission	Community Organisation	13-02-2019
Health Awareness Programme	KIDSS- Rural Motivation Centre	Community Organisation	22-02-2019
Awareness on Alcoholism	Arunachala Higher Secondary School, Thiruvattar	Community Organisation	22-02-2019

Drug Awareness Work Experience Programme	Don Bosco Veedu	Community Organisation	25-02-2019
Awareness Class On Behavioural Stages In Life-Span(A Psychological Study)	Kudumbasree District Mission	Community Organisation	05-03-2019
2019-2020			
NSS Orientation Programme	NSS	Orientation	7/10/2019
World Population Day	NSS	Awareness	7/11/2019
Old age home visit	NSS	Activity	7/20/2019
Drug abuse and alcoholism	NSS	Awareness	7/22/2019
Programme on child rights	child line nagercoil	Awareness	7/24/2019
Swachhta Pakhwada	NSS	Cleanliness Drive	01-08-2019 to 15-08-2019
Independence day	NSS	Celebration	8/15/2019
NSS Day	NSS	Celebration	9/24/2019
NSS Special Camp	The Dale View	Activity	29-01-2020 to 04-02-2020
Cancer Awareness Rally	NSS	Awareness	2/4/2020
Programme on One Stop Centre for Women	NSS	Awareness	2/20/2020
Pothai Vizhippunarvu Mukaam	Department of Tamil Nanjil Catholic College of Arts & Science	Awareness Programme	2019-2020
Old Age Home Visit	Trinity Home for the Aged, Thiruthuvapuram	Awareness on Healthcare	2019-2020
Eye Camp	Samko Eye Hospital, Marthandam	Free Eye camp	2019-2020
Cleaning Activities	NSS	Swachhta Pakhwada	2019-2020

Awareness Class : Life Skills	Pratheeksha IRCA, Shangumugam	Community Organisation	18-02-2020
Less drinking More Thinking	Kanyakumari Social Service Society	Community Organisation	21-02-2020
Cancer Awareness Programme	Kottar Social Service Sangham	Community Organisation	03-03-2020
Cancer Awareness Programme	Kottar Social Service Sangham	Community Organisation	07-03-2020
Free Eye Medical Camp	Suraksha Community Centre for Family Health	Community Organisation	17-03-2020
Violence Against Women And Laws To Prevent Them	RMP Hall, Kozhiporvilai	Community Organisation	20-03-2020
2020-2021			
COVID-19 Lock-down Activities	NSS	Awareness	5/16/2020
International Day of Yoga	NSS	Observance	6/21/2020
Corona Virus Awareness programme	NSS	Awareness	7/2/2020
Covid activities	NSS	Activity	7/10/2020
International Workshop on “How To Make Mask”	NSS	Workshop	11/11/2020
Constitution day	NSS	Celebration	11/26/2020
Orientation programme for first year NSS Volunteers	NSS	Orientation	12/19/2020
Elimination of Tuberculosis	NSS	Awareness	3/10/2021
Digital Poster Making	NSS	Competition	4/30/2021
Tuberculosis Awareness Programme	Government Health Centre, Idaicode	Tamil nadu National TB Elimination Program	2020

Consumer Awareness Programme	Nanjil Catholic College of Arts and Science	Tamil nadu society for consumer protection	2020
Awareness on Importance of Plantation of Saplings	-	Awareness to save Nature and Planet	2020-2021
Awareness Programme on Developing Mentoring and Facilitation Skills for Institutional Mentors	Mahatma Gandhi National Council of Rural Education, Ministry of Human Resource Development, Government of India.	Pandit Madan Mohan Malavya Mission on Teachers and Teaching.	2020-2021
Orphanage Visit	Young Men's Christian Association, Muzhucode	Awareness Programme	2020-2021
Orphanage Visit	CS	Share and learn	2020-2021
"Elimination of Tuberculosis 2025"	District Tuberculosis Centre Asaripallam	Awareness Programme	2020-2021
Online International Day of Yoga Quiz'	M.S. University	Celebrations	2020-2021
Mobile Addiction and Substance Abuse	Arunachala Higher Secondary School, Thiruvattar	Community Organisation	16-03-2021
Health And Hygiene During Covid 19	Mitraniketan , vellanadu Trivandrum	Community Organisation	19-03-2021
Psycho Social Support for Children	Sneha Jyothi Child Development Centre, Malaicode	Community Organisation	29-03-2021
Prevention of Substance Abuse	TTK Chennai	Webinar	11-08-2021
Arumbugal Rural Camp-2021	Madathattuvilai Parish Council	Rural Camp	24-10-2021 to 31-10-2021
2021-2022			

Webinar on children and women protection acts and drug abuse prevention	District Social Welfare Board Kanyakumari	Webinar	8/18/2021
COVID Vaccination Drive	NSS	Activity	9/7/2021
Poshan Abhiyan Awareness Programme	NSS	Awareness	9/30/2021
Plastic Awareness	NSS	Awareness	10/29/2021
World Aids Day	NSS	Observance	12/2/2021
International Youth Day	Youth Red Cross	Motivation	8/12/2021
Geneva Conventions Day	Youth Red Cross	Competitions	8/14/2021
World Heart Day	Youth Red Cross	Awareness Programme	9/29/2021
Covid Volunteering Activities	Mahatma Gandhi National Council of Rural Education	Best Covid Campaign	2021
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Cancer Screening Camp	Kottar Social Service Society	Community Organisation	12/4/2022
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Child Line Awareness Program	Central Rural Development Of India, Paloor.	Community Organisation	22-04-2022
Environment Protection Awareness Programme"	Nuthana Trust ,Mulagumoodu	Community Organisation	22-04-2022
Environmental Protection Through The Disposal Of Plastic	Thirupuram Gramapanchayath	Community Organisation	22-04-2022

Cancer Awareness Programme	Marthandam Integrated Development Society (MIDS).	Community Organisation	22-04-2022
Health & Hygiene	Suraksha Community centre for family health and family Counselor centre, Nagercoil	Community Organisation	3/5/2022
Awareness On Savings And Sustainable Development	Sneha Jyothi Child Development Centre, Malaicode	Community Organisation	6-05-2022

ISS/ NCC/ Red Cross/
es etc. and/or those
ve years
e during **last five years**

No of participants

81

91

88

95

100

100

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82

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86

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135