



**NANJIL CATHOLIC COLLEGE OF ARTS AND SCIENCE
KALIYAKKAVILAI**

FACULTY PROFILE

Name	S.MARY PELSIT, NET, P.hD			
Department	Social work			
Designation	Head and Assistant professor			
Address	3-70 B, Salate Nager, Thanivilai, Vaniyakudi post, 629251.			
Telephone Number(s)	8300177635, 7305392632			
Email Id(s)	mpelsit@gmail.com			
Academic Qualifications (with Name of Degree awarding university)	Course	Board/University	Year	Percentage (%)
	UGC NET	(National Testing Agency)	2018	52
	M.S.W (Social Work: Medical and Psychiatry)	Manonmani am Sundaranar University.	2012	82.15
	Level	Years of Service	Institution	
	UG	3	DMI St-Eugene University, Zambia	

Teaching Experience	PG	1 1 10	DMI St-Eugene University, Zambia Holy cross college, Nagercoil Nanjil catholic college of arts and science, kaliakkavilai.
	UG & PG	15	

Specialization	Medical and Psychiatry		
Publications/ Participation in Seminars/ Conferences etc		International	National
	No. of Research Papers in Journals	8	-
	No. of Publications in Conference Proceedings	6	3
	No. of Conferences Participated in	17	45
	Books	-	-
Projects	Rs 40,000 received from ICPR to conduct lecture demonstration series in the year 2023-24		
Details of Research Supervision	On going	Completed	
	-	-	
Honours and Awards	1. DARE INSPIRATION AWARDS- 2024 2. Best Social Worker Award by PG & Research Department of Social Work Bishop Heber College (Autonomous) And Kauvery Hospitals in Commemoration of World Social Work Day Celebration, March 21,2023		
Posts held	HOD		
Any other Information	NMBC Volunteer, Govt of Tamil Nadu Social Welfare Department		

List of Publications:

1. Mrs. S. Mary Pelsit, Financial Stability and Life Satisfaction Among the Rural Elderly in Handloom Weaving Community, Frontiers in Health Informatics, *ISSN-Online: 2676-7104, Vol. 13 No. 5 (2024) (Published: 07-12-2024),*
<https://healthinformaticsjournal.com/index.php/IJMI/issue/view/2>
DOI: <https://doi.org/10.52783/fhi.vi.1746>
2. Mrs. S. Mary Pelsit, The puberty thinks: Mensural health and hygiene practices among teenage girls, Education and Society ISSN: 2278-6864, (UGC Care Journal) Vol-46, Issue-4, No.06, July-September: 2023
3. Mrs. S. Mary Pelsit, Breaking the stigma: redefining menstrual practice through a social support

model, Shodhasamhita : Journal of Fundamental & Comparative Research Vol. IX, Issue-II, Book No.04, July – December: 2023 ISSN: 2277-7067 Journal of Kavikulaguru Kalidas Sanskrit University.

4. S.Mary Pelsit, A study on knowledge and attitude towards alcohol addiction and substance abuse among tribal adolescents, Zeichen Journal, ISSN No: 0932-4747, Volume 8, Issue 02, Page No :142, 2022.
5. S.Mary Pelsit, Assessing the level of Depression, Anxiety and Stress among the Breast Cancer Patients In C.S.I International Cancer centre, Neyoor, Studies in Indian place names,394- 3114vol-40-issue 72 (March 2020).
6. S.Mary Pelsit, A Study on the Stress and Coping Strategies of the War affected people in Sri Lanka, Studies in Indian place names, 394-3114vol-40-issue 72 (March 2020).
7. S.Mary Pelsit, Attribution about causes of mental illness among the patients attending psychiatric outpatient clinic, African Journal of Science and Research, 2013.
8. S.Mary Pelsit, A study on psychological stress and coping strategies of care givers of Mental Retardation, African Journal of Science and Research, 2013.

Trainings and Certification

- Completed certificate course on “healing the inner child” organized by Counselling Ministry, Diocese of Kottar, Nagercoil-629 001.25/05/2024 to 27/05/2024.
- Completed diploma course on “Behaviour modification diploma course” organized by NASHA MUKT BHARAT CAMPAIGN and Holy Cross College, Nagercoil-629 004.from 4th November to July 2nd 2024.
- Completed diploma course on “Intoxicants-Addictions- interventions diploma course” organized by NASHA MUKT BHARAT CAMPAIGN and Holy Cross College, Nagercoil-629 004.from 6th November to July 2nd 2022
- Volunteer to serve for the NASHA MUKT BHARAT CAMPAIGN- Kanyakumari District under the ministry of Social Justice and Empowerment, Govt.of.India and Department of Social Welfare and Noon Meal Programme from 11-11-2020.
- Participated certificate course on NGO management -20,21,27,28 June and 4, 5 July 2020, organized by Madras School of Social Work, Chennai.
- Completed an intensive counselling course on “Emotional Maturity and Emotional management” (25 hrs,Three Days), organized by Counselling Ministry, Diocese of Kottar, Nagercoil-629 001.14/06/2019 to 16/06/2019.

- Basic training course for guide captain organized by The Bharat Scouts and Guides-Tamil Nadu, (2006).

Declaration:

I declare that the information and facts stated above are true to the best of my knowledge.

Place: Salate Nagar,

Date: 10/05/2026.

(S.MARY PELSIT)